

Nashik Shikshan Prasarak Mandal, Nashik
LBRD ARTS AND COMMERCE MAHILA MAHAVIDYALAYA, Nashik Road, in Collaboration and
sponsored by
SAVITRIBAI PHULE PUNE UNIVERSITY
Soft Skills Development Programme

Report of 2014-2015

Considering the needs of incorporating soft skills in graduates and in order to reduce the burden on corporate industries for training the newly recruited employees as initiated by Former Vice Chancellor Dr. Narendra Jadhav and continued by Shri Sachin Surve, Coordinator, Soft Skills Development Programme, Savitribai Phule Pune University. Nashik Shikshan Prasarak Mandal's LBRD Arts & Commerce Mahila Mahavidyalaya, Nashik road has been conducting Soft Skill Development Training programme in collaboration with the Savitribai Phule Pune University for the last seven years from 2007 for the final year students of Arts & Commerce.

The year we have conducted the training from 3rd Dec to 12th Dec 2014 between 12.00 am to 5.00 pm with three sessions each day. The resource persons were initially informed that the sessions should be interactive and activity based. The programme was inaugurated by Dr.A.R.Bhardwaj, Principal of our college and Pratapsingh Pardeshi. In her inaugural speech he told students to take maximum advantage of the training as resource persons are from different fields and with wide experience. The first days second session was conducted by Shri Satish Srivastav, Former Director, Regional Centre, Savitribai Phule Pune Univesity on 'Importance of Soft Skills. The third session was taken by Tejas Beldar on Skills & Employability.

The second day began with a session on 'Power Point Presentation' by Dr. S.R.Hasabnis. The next session was on 'Communication Skills' by Prakash Warkari and followed by a session on Disaster Management by Shri Yogendra Patil. To inculcate and understand team work the third day began with a session on 'Team Building' conducted by Dr.Swati Singh. The second session was on 'Body Language' by Dr.S.J.Limbare to understand gestures and postures. The third session was on 'Transactional Analysis' again conducted by Dr.S.J.Limbare. This session focused on ego states and which life position adopt.


The Fourth day was dominated by Tejas Beldar on 'Intevue Skills', 'Application & CV writing'. The third session was on 'SWOT' by Dr.S.J.Limbare. The fifth day was of Field visit. The students were instructed to prepare there application and visit Corporations, Shopping Malls, Banks, Educational Institutes, and Computer training institutes and submit the endorsement signed by the employee. The students were instructed to go in groups or with their team. The visits were coordinated & controlled by the leader of the group. They were also told to convince an organization to give them work so that they can earn at least Rs 25/-. On the sixth day Prakash Warkari conducted a session on 'Spoken English' and the second and third session was on 'Public Speaking' to improve and develop students public speaking, effective communication and to reduce stage fear.

The seventh day commenced with a session on 'Stress Management' by Principal Dr.A.R.Bhardwaj. The second session was conducted on 'Time Management' by Dr.Karuna Kushare followed by as session on 'Understanding Leadership' by Shantanu Gune. Eighth day of Soft Skills Training began with a session on 'Self Actualization' by Dr.S.J.Limbare followed by a session on 'Group Discussion Skills' by Dr. D.K.Holkar. The third session was given to students for the preparation of the Power point presentations competition. The second last days first and second session was conducted by Tejas Beldar on 'Team Building' and the third session was for the Power Point presentations competition. The competition was judged by Dr.D.K.Holkar and Dr.Karuna Kushare. Five groups participated in the competition. 'UDAAN' group won the first prize for Best Presentation.

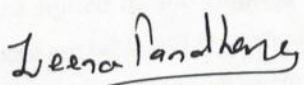
The valedictory function took on 12 Dec 2014 and was chaired by Dr. A.R.Bhardwaj, Principal of our college and the Chief Guest was Rajesh Bedmutha of Udyog Wardhini, Nashik. Principal in his Chairman's speech congratulated the team for successfully conducting soft skills training programme and also expected from the trainers to apply these skills in their daily life from now onwards. In the Chief Guest speech Rajesh Bedmutha expressed satisfaction that such courses are being conducted like a finishing school concept by the university. He also guide students on that changes are taking outside therefore we should be ready to learn and be dynamic in our approach.

The introduction of the Chairman and Guest was done by Praksh Warkari. The Report reading of the ten days training was presented by the coordinator Dr.S.J.Limbare. The programme was compared by Miss Deepali Barkale of T.Y.B.Com. Anju Kanojiya, Sheetal Gawali, Bhagyashree More, Geeta Haguane, Jagruti Chaskar, Rupali Sonavane & Pooja Wahwal shared their experiences of the training.

The vote of Thanks was delivered by Miss Deepali Barkale. The training was coordinated by Dr. S.J.Limbare, Dr D.K.Holkar and Dr.S.R.Hasabnis along with the help and support of Mr.Prakash Warkari and Mr. Tejas Beldar. The programme could not be a success without the encouragement of Prin Dr.A.R.Bhardwaj and the cooperation of non-teaching staff.


Coordinator
Dr. S.J.Limbare


IQAC Coordinator
NSPM's Late Bindu Ramrao Deshmukh
Arts & Commerce Mahila Mahavidyalaya,
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PRINCIPAL
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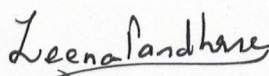
Syllabus of Soft Skills Development Programme

Sr. No	Name of the topic	No of Sessions Allotted (Each Session of one and half hours)Theory & Practice sessions
1.	Effective Communication Skills & Employability	02
2.	Understanding & Developing Personality	01
3.	Body Language	01
4.	Self-Actualization	01
5.	Team Building	02
6.	Social & Business Etiquettes	01
7.	Time Management	01
8.	Interview Skills	01
9.	Goal Setting	01
10.	Preparation of PPT	02
11.	Anchoring Techniques	01
12.	Visit to Organisations	02
13.	Developing Creativity	01
14.	Developing Leadership Skills	02
15.	Developing Assertiveness in women	01
16.	Ways to Success	01
17.	CV Writing	01
18.	Disaster Management Skills	01
19.	Positive Attitude	01
20.	Public Speaking	02
21.	Transactional Analysis	01
22.	Dining Etiquettes	02
23.	Group Discussions Skills	01
24.	Emotional Intelligence	01
25.	PPT Presentation Competition	03

Theory sessions & Practice sessions = 60 hours course


Coordinator

Dr. Sameer Limbare


Principal

Dr. Leena Pandhare

PRINCIPAL

N.S.P.M's Late Bindu Ramrao Deshmukh

T. Y. B. A.

Self Skills

DATE: / /

PAGE NO.:

- 1) Bhagyashree S. More. 9921965671. Bsm
- 2) Pratibha F. Chauhan 8698130637 Pr
- 3) Sunita Manohar Borade 9623292563 Sunita
- 4) Kamini Bharat Karpe 9922582931 Karpe
- 5) Shaikh Tasannum Ikramuddin 8421273271 Shaikh
- 6) Talini Maruti Khilare 9975809442 Mankhale X
- 7) Nikita Sanjay Gadekar. 8275112611 N Gadekar.
- 8) Shalini Bajirao Borade. 9975207030 S.B. Borade.
- 9) Deepali Daddatt Salunke 8149047535 Deepalunke
- 10) Mayuri Ashok Kapse 9922707386 Mayuri Kapse
- 11) Ashwini Nand Shinde 8275112816 Ashwini
- 12) Barve Rekha Anam 8855096348 Barve

Somen
Coordinator
(Dr. S. J. Limbare)

Prashant
IQAC Coordinator
NSPM's Late Bindu Ramrao Deshmukh
Arts & Commerce Mahila Mahavidyalaya,
Nastrik Road-422 101

नाम	मो नं.	सही.
1. Anju Jaychand Kanajiya	7276181107	Anju
2. Priya Sanjay Torane	9860552872	Torane
3. Komal Rajendra Patil.	09227386067	Patil
4. Ankita Shrinivas Joshi	7756008109	Joshi
5. Sujata Dattatray Vadnere	9921469031	Vadnere
6. Aruna Asaram Dugad	8308433225	Dugad
7. Rohini Vilas Pawale	9527803034	Pawale
8. Supriya Ramesh Lonhe	8483018701	Lonhe
9. Tejasvi vijay Barve	9766553918	Barve
10. Komal Sanjay Ghadge.	9921264981	Ghadge
11. Sayali Rajendra Nagarkar	8793724117	Nagarkar
12. Pallavi Suddeshan Sansare	73877792529	Pallavi
13. priyanka pagare	9604715884	P. Pagare
14. Basbale Nilima Dnyaneshwar	7719937907	Basbale
15. Chaskar Jagrudi chandrakant.	8483018701	J. Chaskar
16. shital S. Gaware		Gaware
17. Bhagyashri J. Pawar	9967824417	B. Pawar
18. Sangita S. Shankhpal	7276751307	Sangita
19. Roshani R. Angerudc	9011960566	Angerudc
20. pooja s. telangi	9860749841	telangi
21. pekhale swati Ashok	9552247617	pekhale
22. Hagawane Geeta Dattu	9960575222	Geeta Hagawane
23. Pooja sujit Chaudhari	999156138162	P. Chaudhari
24. Pooja vasant Vavhal	9730265778	Vavhal
25. Sanduane Rupali	8698284153	R. Sanduane
26. Roshni Suresh Male.	7350686319	Roshni
27. Vansha Vitthal Pote	7038030684	Vansha
28. komal Sanjay Ghadge.	9921264981	Ghadge
29. kanchan Dilip Ghandat	9657274935	Ghandat
30. Usha Ankar nrike	9665793066	Usha