

Nashik Shikshan Prasarak Mandal's

best practice

Late Bindu Ramrao Deshmukh Mahila Mahavidyalaya, Nashik Road

Date: 21 June, 2021

All the teachers, non- teaching staff, students, alumni, parents and stakeholders are hereby informed that our college is organising **Free (365 days) Online Yoga: Training and Practise Camp** from **22 June 2021 to 21 June 2022**. The camp includes online Theoretical Lectures and practical sessions. All are requested to participate in this camp. All the family members including teenagers, adults and aged people may participate in this camp. The link for online registration shall be sent on your email/ whatsapp no.

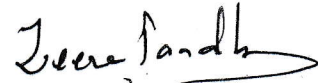
For more details contact Yoga Trainer and Teacher, **Prof. Yogendra Patil** on

+91 9822315316/ patilyogendra_nitin @yahoo.com/

patilyogendra1@gmail.com



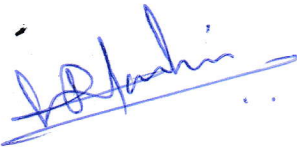
(Prof. Yogendra Patil)
Coordinator
Training and Practise Camp



Dr. Leena Pandhare
Principal

PRINCIPAL

N.S.P.M's Late Bindu Ramrao Deshmukh
Arts & Commerce Mahila Mahavidyalaya
Jail Road, Nashik Road-422101

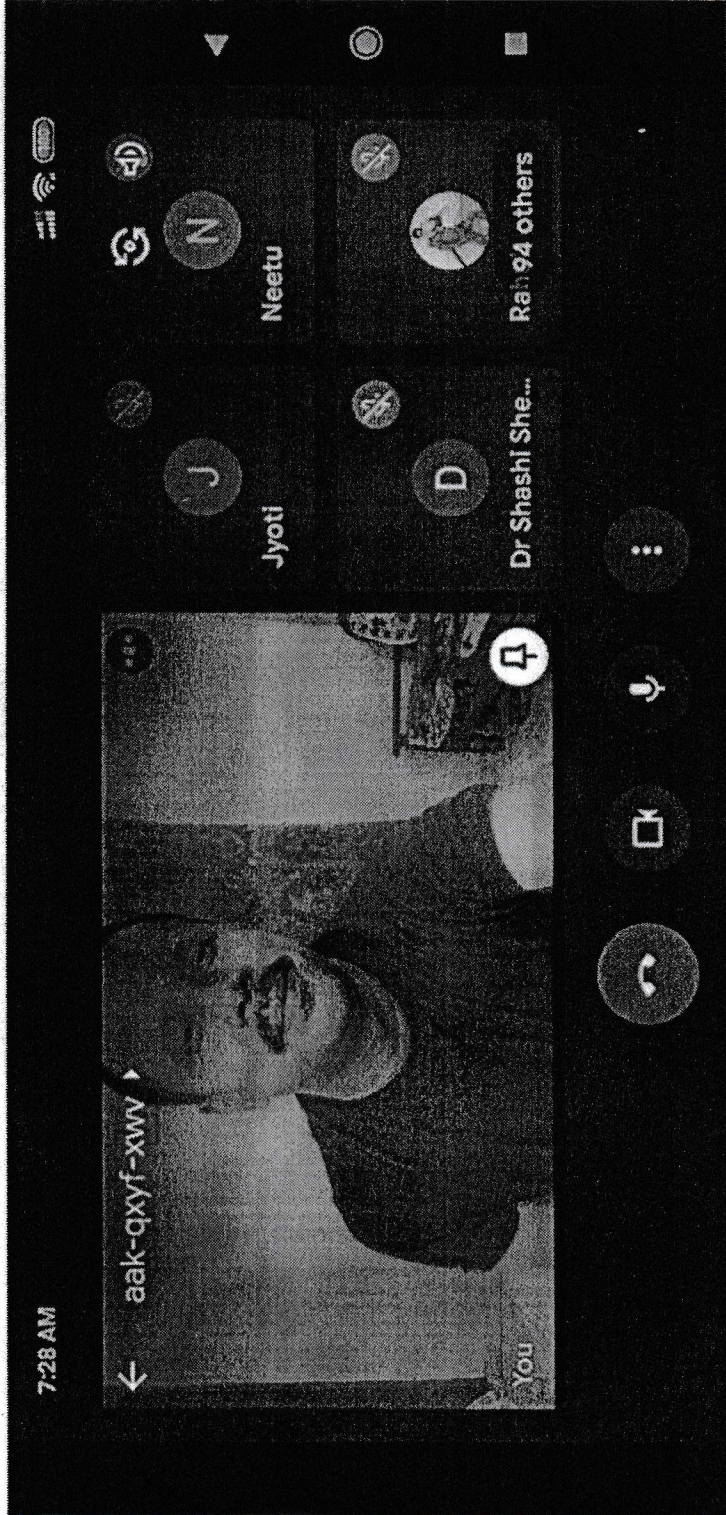


IQAC Co-ordinator

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Nashik Shikshan Prasarak Mandal, Nashik



Late Bindu Ramrao Deshmukh Arts, Commerce & Science Mahila Mahavidyalaya

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(Affiliated to Savitribai Phule Pune University, Pune)

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स्थापना : १९९८



सौम्यमहोत्सवी वर्ष
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Recipient of BEST COLLEGE' Award by SPPU • Reaccredited by NAAC with 'B+' Grade (CGPA: 2.73)

website: www.nspm-mahilacollege.in • email: nspmacmm@yahoo.co.in

“Free 365 Days Online Yoga Training & Practice Camp” Report (21 June, 2021 to 21 June, 2022.)

Our College Department of Physical Education & Sports successfully organized “Free 365 DAYS ONLINE YOGA TRAINING & PRACTICE CAMP” from 21 June, 2021 to 21 June, 2022 for students, Staff, parents and for all society peoples across the world in pandemic situation “COVID19” period.

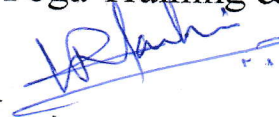
Near around 100 participants participated in this wellness programme across the world. Participants included students, staff, parents, children, senior citizens. This training camp was very useful and helpful to society in this pandemic period.

This programme all days' resource person cum trainer, coordinator and conduction was done by Director of Physical Education and Yoga Teacher Prof. Yogendra Shivajirao Patil.

On the last day of this proramme Mrs.Jolly from USA, Adv.Lt. Smita Gaidhani Mumbai, Prof.Dr.Karuna Kushare Nashik, our NSPM's Director Prof.Dr.Minal Barve, Mrs. Gyatri Saidankar from Pune,Ms.Shradha Nikam expressed their views and shared their experiences on online at the time of valedictory ceremony.


(Prof. Yogendra S. Patil)

Coordinator & Trainer
Yoga Training & Practice Camp.




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