
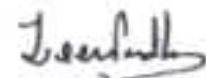



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NSS - 3.4.3
343
Nashik Shikshan Prasarak Mandal's
Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalay,
Nashik Road

National Service Scheme
Kavya Vachan Competition : 24/02/2020

In order to celebrate Marathi Bhasha Din Savitribai Phule Pune University Pune and Aai foundation organised Kavi Sammelan and Kavya Vachan competition on 24th February 2020 at Vishwas Lawns in Nashik. Our college NSS students Miss. Varsha Pagare, Surabhi Ghegadmal & Vaibhavi Salkade participated in the Kavya Vachan Competition. They recited the poems of V.V.Shirwadkar & Govind Karandikar. The programme was inaugurated by Rakesh Sonawane and District Coordinator Shri Ahire with judges of the competition. The program began at around 12.15pm. Various other college students also took participation in the competition. Our college students were accompanied by Dr.Sameer Limbare, Coordinator NSS.


Dr.Sameer Limbare
Coordinator


Dr.Leena Pandhare
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Nashik Shikshan Prasarak Mandal's

Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya, Nashik Road

Department of NSS


Women's Day Celebration Report

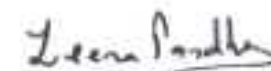
NSS and department of Economics jointly organized a lecture on ' Budget from Women's Perspective' on 7th March, 2020. The lecture was delivered by Hon.Shri Anilji Dahiya C.A and Treasurer of Nashik Shikshan Prasarak Mandal, Nashik. He explained the budget to students in very simple way. Initially he told that how One Rupee income is earned and its various sources. Further he told the expenditure of the One Rupee. In expenditure he told that we spend 18 paise on interest and 20 paise on share excise duty. Then he concentrated on provisions done for women in India and told that thirty five thousand crores is spent on healthy diet of women. Three hundred crore for trafficking and rehabilitation & 961 crores on women empowerment. While detailing about the budget he also added that how values are important to inculcate the culture of joint family.

Hon Principal Dr Leena Pandhare in her chairman speech told the students to be self empowered and how education supports it. She also gave warm wishes of Women's Day to the students.

The introduction of the programme was given by Dr.Deepa Holkar, introduction of guest by Dr Sameer Limbare, compering by Dr. Jeevan Solunke and vote of thanks by Dr.Gorakhnath Wakle.

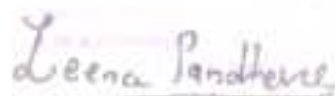
The programme was supported by teaching and non teaching staff.


Dr. Sameer Limbare
Program Officer NSS


Dr. Leena Pandhare
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Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya,
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National Service Scheme

Youth Day Celebrated through Video Conferencing: Lecture on Aids Awareness

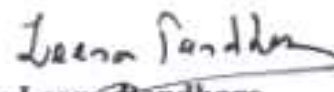
13/01/2020

The National Service Scheme department in collaboration with the Health Department of Nashik Municipal Corporation organized a video conferencing lecture on Aids Awareness. The lecture was conducted by Hon Dr. Pramod devraj, Joint Director, CST in association with Maharashtra State Aids Control Society. The lecture began at 11.00am in the Gosavi Hall of the college. Dr.Pramod Devraj briefed students about how HIV leads to Aids and causes of HIV. He explained that HIV can only spread through either blood sharing of syringe, unprotected intercourse. He also told to follow ABC formula. A for Absence of exposure to Sex, B for Be faithful to your partner of lifetime and C for Condom to avoid exposure of aids. He also told that in India there are around 50 to 60 thousand patients of Aids.

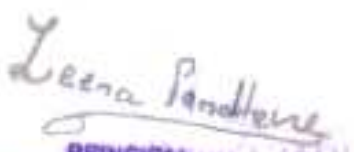
He further told that if immunity is strong the Aids symptoms cannot be seen. It is also necessary for the students to know the scientific reasons behind HIV & Aids. At last he also told that sharing clothes, food etc cannot cause aids.

The lecture finished on 12.30. We are thankful to Hon.Shri.Sandeep Chavan, Counsellor who coordinated this lecture for our students. He also guided students on HIV and Aids and answered their questions. The programme was coordinated by Dr.Sameer Limbare and supported by Hon. Principal Dr.Leena Pandhare.


Dr.Sameer Limbare
NSS Coordinator


Dr.Leena Pandhare
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Nashik Road

Celebration of Balika Din 24/01/2020: Save girl child and Educate girl child.

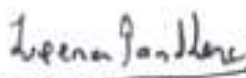
In collaboration with National Service Scheme

Savitribai Phule Pune University Pune

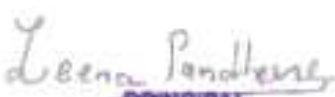
On the occasion of National Balika Din on 24th January, 2020 the dept of NSS organised a lecture on Women Empowerment. The lecture was delivered by Principal Hon.Dr.Leena Pandhare. She advised students to be economically independent. Girls should be technosavy to face and solve the problems. They should never look for excuses while facing challenges in their life. Hon.Principal also added that India has still the problem of infanticide which is severe in some states. In the concluding remarks she said that even if the literacy rate is 69.1% in India but still it is not able to reduce infanticide and to increase the sex ratio of women compared to men in India.

The introduction of the programme was given by Dr.Sameer Limbare,NSS coordinator. All the students and teaching staff was present for the program. The programme was supported by the non teaching staff.


Dr.Sameer Limbare
NSS Coordinator


Dr.Leena Pandhare
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नाशिक शिक्षण प्रसारक मंडळ, नाशिक

कै. बिंदू रामराव देशमुख कला व वाणिज्य महिला महाविद्यालय, नाशिकरोड

राष्ट्रीय सेवा योजना

महात्मा गांधी १५०वी जयंती निमित्त स्वच्छता अभियान अहवाल : ०२/१०/२०१९

नाशिक शिक्षण प्रसारक मंडळाच्या कै. बिंदू रामराव देशमुख कला व वाणिज्य महिला महाविद्यालयात महात्मा गांधी यांच्या १५० व्या जयंती निमित्त राष्ट्रीय सेवा योजना विभागाच्यावतीने नांदुर येथील दसक घाट येथील गोदावरी नदीमधील प्लास्टिक, जुनी कपडे, कचरा इत्यादी गोळा केला. तसेच स्वच्छतेचा संदेश देण्यात आला तसेच दुपार सत्रात महाविद्यालयात महात्मा गांधी यांच्याप्रती अभिवादन करण्यात आले. या प्रसंगी महाविद्यालयाच्या प्राचार्या डॉ. लीना पांडरे यांनी महात्मा गांधी यांच्या जीवनातील विविध पैलूंवर प्रकाश टाकला.

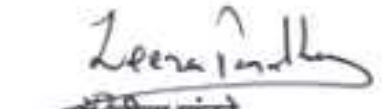
यावेळी महिला महाविद्यालयाच्या प्राचार्या डॉ. लीना पांडरे, कला व वाणिज्य रात्र महाविद्यालयाचे प्राचार्य श्री. अशोक बोडके यांचेहस्ते प्रतिमापूजन करण्यात आले. त्यावेळी विविध वक्त्यांनी महात्मा गांधी यांच्या जीवनाबद्दल माहिती दिली. यात प्रामुख्याने प्रा. चंद्रकांत गोसावी, प्रा. राजू सानप, श्री. संजय किर्तने, प्रा. भास्कर नरवटे, प्रा. प्रकाश वारकरी, प्रा. आम्रपाली जाधव यांनी आपले मनोगत व्यक्त केले. अध्यक्षीय भाषणात प्राचार्यांनी गांधी हे महात्मा होण्यापूर्वी मोहनदास म्हणून त्यांच्या आयुष्यात कस्तुरबा गांधींनी दिलेली साथ महत्वाची होती. व जसे गांधींना राष्ट्रपिता ही उपाधी मिळाली तशीच कस्तुरबांना राष्ट्रमाता म्हणून संबोधले पहिजे असे त्यांनी सांगितले.

कार्यक्रमाचे प्रास्ताविक प्रा. डॉ. समीर लिंबारे यांनी केले. कार्यक्रमाचे सूत्रसंचालन डॉ. जीवन सोळुंके यांनी केले तर आभार प्रा. डॉ. मीनल बर्वे यांनी मानले. यावेळी शिक्षक, विद्यार्थींनी व शिक्षकेतर कर्मचारी उपस्थित होते.


डॉ. समीर लिंबारे

समन्वयक

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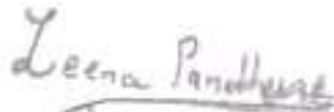

डॉ. लीना पांडरे

प्राचार्या

ना.शि.प्र.मंडळाचे कै. बिंदू रामराव देशमुख
कला व वाणिज्य महिला महाविद्यालय,
राने गुस्नवी नगर, जेलरोड, नाशिकरोड


IQAC Coordinator

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Leena Pandhare

PRINCIPAL

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Nashik Shikshan Prasarak Mandal, Nashik

**Late. Bindu Ramrao Deshmukh, Arts & Commerce
Mahila Mahavidyalaya**

Sane Guruji Nagar, Nashik Road, Nashik -422101

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(ID.No.PU/NS/AC/54/1998)


Leena Pandhare

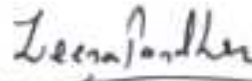
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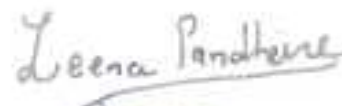
राष्ट्रीय सेवा योजना दिन ' उपक्रम तक्ता

उपक्रमाचे नांव	दिनांक	सहभागी विद्यार्थी	आयोजित उपक्रम	स्थळ
पोषण आहाराबद्दल जनजागृती	२४/०९/२०१९	५०	पोषण आहाराबद्दलची माहिती गावातील २०० कुटुंबांपर्यंत पोहोचविली	जाखोरी, ता. जि. नाशिक


डॉ. समीर लिंबारे
कार्यक्रम अधिकारी
राष्ट्रीय सेवा योजना


डॉ. लीना पांडरे
प्राचार्या
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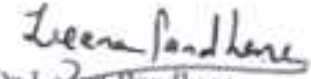
Nashik Shikshan Prasarak Mandal's

Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya, Nashik Road
NSS : Awareness Campaign on Poshan Aahar (Nutrition & Balanced Diet) --Report

On 24th September 2019 on the occasion of NSS Day Celebration the NSS unit of the college went to the adopted village Jakhori, Nashik for the awareness campaign of Poshan Aahar (Nutritious and Balanced Diet). 50 students in the group of 10 each. The students contacted 200 families in the village. The students went door to door campaigning. The students approached family in the morning before they go for farming. Students oriented villagers about eating habits, less use of salt, avoiding tea, methods to improve calcium in their daily diet, drinking water stored from copper vessels and eating fruits which are grown in the vicinity of 50 to 100kms. Use of beet root, carrots and radish in daily food as salad and avoiding fast food or junk food. Mrs Sunita Kalamkar, Shri Ashok Dhattrak, Shri. Somnath Kanade, Ms. Utkarsha Patil, Shri Prakash Pagare, Shri. Sameer Pagare, Shri Ratan Kalamkar, Shri Somnath Borade, Shri.Palve Mama and Shri. Mukund Chavan all the office bearers and members of Grampanchayat were present for support and encouragement.

The campaign was organized by Dr.Sameer Limbare NSS Programme Officer, and motivated by Principal Dr.Leena Pandhare and members of NSS committee Dr.Jivan Solunke and Dr.Minal Barve.


 Dr. Sameer Limbare
 NSS Program Officer


 Dr. Leena Pandhare
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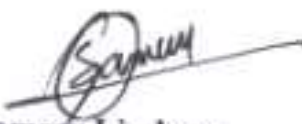
Celebration of Constitution Day : 26th November 2019


The college celebrated the Constitution Day in the college on 26th November 2019. The program began with garlanding the photo of Dr.B.R.Ambedkar and offering flowers on the Constitution copy. On this occasion Prof.B.K.Narwate gifted 08 copies of Indian Constitution to the college library.

Prof.Raju Sanap said that how the principles inculcated in the constitution have a long lasting effect on various religions, castes and the people of India. Prof.V.K.Nirbhavane in his speech spoke on how the constitution committee worked consistently and patiently to produce a constitution of class. The chairman of the function Hon.Dr.Leena Pandhare, Principal expressed that the contribution of Dr.B.R.Ambedkar in preparation of constitution is appreciable. She also said that the various pledges conducted in the judicial procedure should be replaced by the constitution instead of the religious books.

After the speech of chairman all the teaching and non teaching staff took oath of the Indian Constitution and offered flowers in the end of the function.

The program was coordinated NSS program officer Dr.Sameer Limbare and attended by all the teaching and non teaching staff.

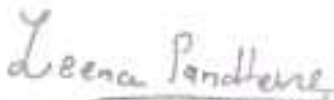

Dr.Sameer Limbare
NSS Coordinator


Dr.Leena Pandhare
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LBRD Arts and Commerce Mahila Mahavidyalaya, Nashik Road

National Service Scheme

Celebration of Krantidin

The NSS unit of the college paid homage to the sacrifices of the freedom fighters. The programme was chaired by the Principal Hon. Dr. Leena Pandhare. In her speech she said that on 9th August, 1942 Mahatma Gandhi gave a slogan Quit India and we got the freedom after treacherous efforts taken by immense freedom fighters. India got freedom but today's students would be thinking what is their duty in the post freedom period. In such case it is the duty and responsibility of students and young generation to participate in cleaning drive, service to the poor, patient and elderly people and doing good academic performance during their education period.

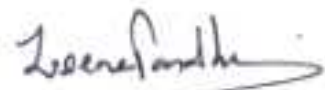
The introduction of the programme was given by Dr. Sameer Limbare. In his introduction he said that freedom fighter like Bhagat Singh, Rajguru, Chandrashekhar Azad, Lala Lajpat Rai, Queen of Jhansi, Chaphalkar brothers and many more. Their sacrifice should not go in vain and therefore students should become vigilant citizens so that the country can be proud of them.

The vote of thanks was given by Dr. Jeevan Solunke and compering by Dr. Minal Barve. All the students of the college attended the programme.



Dr. Sameer Limbare

NSS Programme Officer



Dr. Leena Pandhare

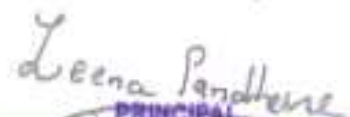
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Nashik Shikshan Prasarak Mandal's
Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya,
Nashik Road

National Service Scheme
Plantation conducted at Jakhori Village

Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya's NSS unit conducted Plantation Programme on 2nd August, 2019 at Jakhori village 10 km from Nashik Road. The place of plantation was 2km away from the village over a hill. 50 saplings were planted by students and the teachers of the college. Dr. Sameer Limbare, coordinator of NSS arranged the plantation with the cooperation and support of Sunita tai kalamkar, Shri.Vishwas Kalamkar, Shri.Prakash Pagar, Shri Dhattrak and Shri. Ambadas Kalamkar. 16 students of the college participated in the programme.

The students not only did the plantation but also conducted cleanliness drive over and near hill.



Dr.Sameer Limbare
Coordinator

Dr.Leena Pandhare



IQAC Coordinator
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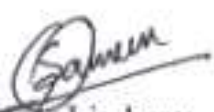
Nashik Shikshan Prasarak Mandal's

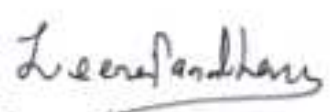
Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya, Nashik Road

World Tobacco Free Day Report

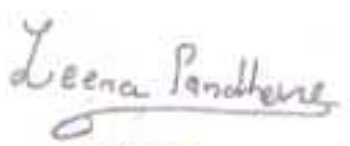
On 4th June 2019 the college took oath of Tobacco Free Day in the presence of students, teaching and non teaching staff. The oath was self explanatory that tobacco should be avoided and not to get addicted to it. On this occasion Principal Dr. Leena Pandhare said that students should not only be away from tobacco but also check that their friends, relatives and colleagues who are engrossed in tobacco to make them free from tobacco addiction.

She also added that instead of getting addicted to tobacco students should get addiction of reading good and knowledgeable books. She said that addiction of mobile and related games which are harmful should also be avoided. The program was coordinated by Dr. Sameer Limbare and presided by Principal Dr. Leena Pandhare. The teaching and non teaching staff's assistance was significant.


Dr. Sameer Limbare
Coordinator, NSS


Dr. Leena Pandhare
Principal
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प्रमुख शिक्षण प्रसारक मंडळ
न.स.प.म.'स ल.बिंदू रामराव देशमुख
अर्थशास्त्र व वाणिज्य महिला महाविद्यालय
जेल रोड नाशिक रोड-422 101

नाशिक शिकशन प्रसारक मंडळ
न.स.प.म.'स ल.बिंदू रामराव देशमुख
अर्थशास्त्र व वाणिज्य महिला महाविद्यालय
जेल रोड नाशिक रोड-422 101

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Nashik Shikshan Prasarak Mandal's

**Late. Bindu Ramrao Deshmukh Arts & Commerce
Mahila Mahavidyalaya**

Sane Guruji Nagar, Nashik Road, Nashik -422101

**National Service Scheme
International Yoga Day : 21st June 2019**

On 21st June 2019 the college celebrated International Yoga Day by conducting various asanaas and importance of yoga for mental and physical health. The programme was conducted under National Service Scheme. The guidance of all asanaas was given by Prof. Yogendra Patil, Yog Teacher, Nashik. Prof. Patil also told students that yoga not only helps to overcome your health issues but also reduces stress. He further told that the control on inhalation and exhalation (Shwasan) has a positive impact on health of the individual.

The programme was coordinated by Dr. Sameer Limbare and guided by Principal Dr. Leena Pandhare. The programme was attended by teaching and non teaching staff

Dr. Sameer Limbare

Dr. Leena Pandhare
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Nashik Shikshan Prasarak Mandal's

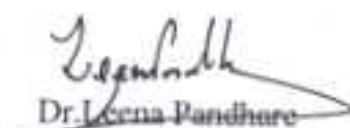
Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya, Nashik Road

Chatrapati Shahu Maharaj Jayanti Report : 26th June, 2019

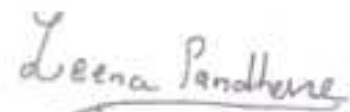
The college on 26th June, 2019 celebrated birth anniversary Chatrapati Shahu Maharaj. The programme was attended by the students of FYBA & FYBCOM. Hon. Principal Chairman of the function garlanded the photo of Shahu Maharaj and told the audience that the king was not only a great king but also a visionary educationalist who from time to time supported educational scholarships and built various hostels for residence of students. He was a staunch supporter for education and education policies and promoted it in various villages of Kolhapur. He also gave scholarship to Dr. B.R. Ambedkar for higher education. It was Dr. Ambedkar who wrote from England to Shahu Maharaj giving birthday wishes.

The teaching and non teaching staff also paid homage to Chatrapati Shahu Maharaj. The programme was organized by Dr. Sameer Limbare, Coordinator, NSS and compared by Dr. Jivan Solunke and supported by NSS member Dr. Minal Barve.


Dr. Sameer Limbare
Coordinator, NSS


Dr. Leena Pandhare
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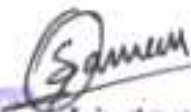
IQAC Coordinator
NSPM's Late Bindu Ramrao Deshmukh
Arts & Commerce Mahila Mahavidyalaya,
Nashik Road-422 101

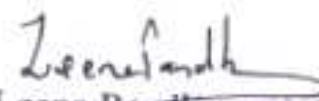
Nashik Shikshan Prasarak Mandal's
Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya,
Nashik Road

National Service Scheme
Lokshahir Annabhau Sathe Birth Anniversary


The college on 1st August, 2019 celebrated the birth anniversary of Lokshahir Annabhau Sathe and paid homage to Lokmanya Tilak. The chief guest Dr. Lata Pawar shed light on the literary work and life of Annabhau Sathe. He used povade and lavani for the upliftment of Dalit's. He also contributed in movies, travel experiences, stories, plays and gavlan. In the initial days he was also a member of Lal Bawta's cultural section. His contribution was significant through his publication of various novels.

Dr. Lata Pawar also signified the work of Lokmanya Tilak. The programme was chaired by Dr. Leena Pandhare. The Programme was coordinated by Dr. Sameer Limbare and Dr. Jivan Solunke. Kum Swati Zade and Kum. Geeta Sahane expressed their view on this occasion. Vote of thanks was given by Dr. Minal Barve.


Dr. Sameer Limbare
Coordinator


Dr. Leena Pandhare
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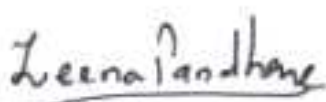
Nashik Shikshan Prasarak Mandal's

Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya,
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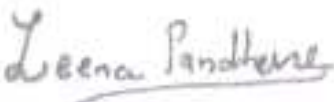
Report of Pledge for Non Addiction of Tobacco: 11/07/2019

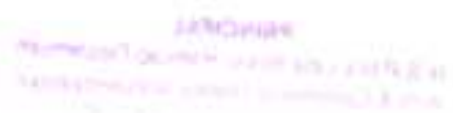
On 9th July, 2019 the college gave a pledge to students of all B.A & B.Com students for non addiction of Tobacco. All the students took the pledge along the teaching and non teaching staff. The pledge was conducted in collaboration with Akhil Bhartiya Vidhyarthi Parishad, Nashik. Shri. Durgesh Kenge District Coordinator of Akhil Bhartiya Vidhyarthi Parishad appealed to students to be away from tobacco and its harmful effects. The introduction of the program was given by Dr. Sameer Limbare & Principal Dr. Leena Pandhare stressed on the harmful effects of tobacco on health and its indirect effects on family and friends. The program was supported by Dr. Jivan Solunke, Prof. Yogendra Patil, Prof. Smita Malve and the non teaching staff.

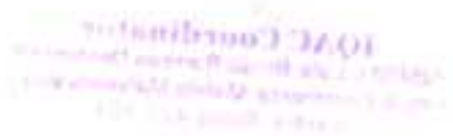

Dr. S. J. Limbare
(NSS, Coordinator)


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Nashik Shikshan Prasarak Mandal's
Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya,
Nashik Road

Lokmanya Tilak's Birth Anniversary

Nashik Shikshan Prasarak Mandal's Late Bindu Ramrao Deshmukh Mahila Mahavidyalaya, Nashik Road paid homage to Lokmanya Balgangadhar Tilak on 23rd of July. The introduction the programme was done by Dr. Sameer Limbare in he said that Lokmanya Tilak were a strong supporter of Nationalism but spread it through the newspaper they started.

The programme began with garlanding the photo of Lokmanya Tilak by Principal Dr. Leena Pandhare. She said that in 1892 when Swami Vivekanand and Lokmanya Tilak met and came to know that their line of thinking was same i.e. Nationalism. She profounded that Lokmanya Tilak encouraged the values embedded in Mahabharata & Ramayana. Lokmanya also spread tradition and nationalism through beginning Ganeshotsav & Shiv Jayanti. He also started two newspapers Kesari in Marathi and Maratha in English. Lokmanya were also founder member of Deccan education society, Pune of which Fergusson College is a renowned Institute in Pune. In her chairmans speech she insisted students to read the biography of Lokmanya Tilak. The programmes comparing was done by Sendhya Kanojiya and vote of thanks by Priyanka Aher, Ashreen Khan, Prajakta Jagtap and Akshada Kokane impressed their opinion and feelings on Lokmanya Tilak in the programme.


Dr. Sameer J Limbare

Coordinator


Dr. Leena Pandhare

Principal

PRINCIPAL


IQAC Coordinator

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कै. बिंदू रामराव देशमुख कला व वाणिज्य महिला महाविद्यालय, नाशिकरोड

राष्ट्रीय सेवा योजना : रक्षाबंधन कार्यक्रम अहवाल : २०१९-२०२०

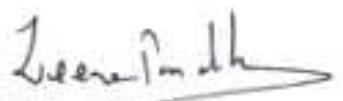
राष्ट्रीय सेवा योजनेच्या विद्यार्थीनींकडून उपनगर पोलिस स्टेशन मध्ये रक्षाबंधन साजरी


रक्षाबंधन हे भाऊ आणि बहिणीचे अतुट नात्यांचे व भावाने बहिणीच्या सुरक्षेची काळजी घ्यावी हे सांगणारा हा सण असतो. जशी भावाची जबाबदारी असते त्याच बरोबर समाजातील असे काही घटक आहेत ज्यांना नात्यांची गरज भासत नाही पण तरी ते दिवस - रात्र, सुट्टी, सण न पाहता समाजातील असंख्य बहिणी व माता यांच्या सुरक्षेसाठी तत्पर असतात. ते म्हणजे पोलिस अधिकारी व कर्मचारी.

कै. बिंदू रामराव देशमुख कला व वाणिज्य महिला महाविद्यालयातील राष्ट्रीय सेवा योजनेच्या विद्यार्थीनी यांनी दिनांक १४ ऑगस्ट, २०१९ स्वातंत्र्य दिनाच्या पूर्वसंध्येला उपनगर पोलिस स्टेशन येथील पोलिस अधिकारी व कर्मचाऱ्यांना राखी बांधून व पेढा भरवून रक्षाबंधन साजरा केला. यावेळी नाशिक पोलिस आयुक्त सो. मा. श्री. विश्वास नागरे पाटील, सहाय्यक पोलिस आयुक्त मा. श्री. वसावे सो. वरिष्ठ पोलिस अधिकांक मा. श्री. भरत कुमार सूर्यवंशी, सहाय्यक पोलिस निरीक्षक मा. श्री. ए. डी. परदेशी सो. पोलिस उपनिरीक्षक मा. श्री. एस. बी. खडके सो. मा. श्री. जगदाळे सो व मा. श्री. जी. एन. जाधव सो. व सर्व पोलिस कर्मचारी उपस्थित होते. राष्ट्रीय सेवा योजना ही विद्यार्थीनींमध्ये सामाजिक संवेदनशीलता वाढविण्यासाठी व सेवा भावना प्रवृत्त करण्यासाठी सतत प्रयत्नशील असते. दरवर्षी होणारे रक्षाबंधनाची परंपरा याही वर्षी पोलिस स्टेशन मध्ये करवून महाविद्यालयाने संबंध जोपासले आहे.

कार्यक्रमाचे सूत्रसंचालन प्रा. डॉ. जीवन सोळंके यांनी केले तर आभार प्रा. योगेंद्र पाटील यांनी मानले. कार्यक्रमाचे आयोजन राष्ट्रीय सेवा योजना अधिकारी प्रा. डॉ. समीर लिंबारे यांनी केले. महाविद्यालयाच्या प्राचार्या डॉ. लीना पांडरे यांनी केलेले मार्गदर्शन व मा. श्री. भरत कुमार सूर्यवंशी सो. यांनी दिलेल्या अनुमतीमुळे हा कार्यक्रम यशस्वी झाला.


डॉ. समीर लिंबारे
समन्वयक


डॉ. लीना पांडरे
प्राचार्या
प्राचार्या


प्रा. शि. प्र. मंडळाचे कै. बिंदू रामराव देशमुख
कला व वाणिज्य महिला महाविद्यालय,
शाळे नुरुजी नगर, जेसरोड, नाशिकरोड.

PRINCIPAL

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Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya,
Nashik Road

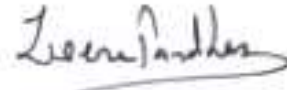
National Service Scheme

Report of Lecture on Balanced Diet & Obesity: 07/09/2019

NSS unit of our college on 7th September 2019 organized a lecture on balanced diet and obesity by Dr. Shalaka Shinde. The programme began with the introduction and welcome of Dr. Shalaka Shinde. The objective of the programme were shared by Dr. Sameer Limbare. Dr. Shinde during her lecture explained the importance of six tastes of food that are Sweet, Ambat, Sour, Turat and Spicy. She told the importance of above six tastes in our daily food and digestion. She suggested students' to take natural sweetness in food instead of direct intake of white sugar for eg. Sendriya Gul and Kakvi. Lemon and Amsul should be used in regular diet. Maithi and Karle should be used as vegetables. She also told students' to sit and eat food instead of standing. Local grains available in the perimeter of 100km are more vital for our body than the grains from other states. Kartoli and Suran increase calcium in body and make our bones stronger. Dink and Nagli are also good for health. At last she told students' to avoid tea and between two meals there should be sufficient gap for digestion.

The chairman speech was given by Prof. Bhaskar Narwate. The comparing was done by Sanjana Shinde. Introduction of guest was done by Shruti Bhise. Welcome by Prof. Smita Malve, vote of thanks by Akanksha Lahane. At the end the students' shared their personal health problems with Dr. Shalaka Shinde and she answered all their queries.


Dr. Sameer Limbare
 Coordinator


Dr. Leena Pandhare
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url:<http://nspm.mahilacollege.in>,email:nspmaccmm@yahoo.co.in, Tel.:0253-2465967

(ID.No.PU/NS/AC/54/1998)

Dr.Leena Pandhare

6th December 2019 : Dr. Babasaheb Ambedkar Mahaparinirvan Din

Program Report

The NSS and Student Development Council organised a lecture on Dr. Babasaheb Ambedkar – A Social Perspective on the occasion of 6th December 2019 as the Mahaparinirvan Day. The programme began with paying homage and respect to Dr. Babasaheb Ambedkar. The introduction of the guest Hon.Dr.Mahadeo Kamble, HOD, Marathi Dept, K.V.N Naik Arts and Commerce College, Dindori, Tal Dist.Nashik was given by NSS Programme Officer Dr.Sameer Limbare. In the lecture Dr.Mahadev Kamble said that Dr.Ambedkar has various facets to his personality vis, Educationalist, Philosopher, Administrator, Socialist, Lawyer and so on. He studied various languages including Sanskrit and Persian in order analysis the religious structure in India. He was the first to say that if the farmer is happy then only the country can prosper and develop. He even talked about family planning in India and even tried passing a bill on it. Adult voting has been initiated by Dr. Ambedkar. He also said that Dr. Ambedkar believed that a person should be dynamic in his thinking instead of being rigid.

Dr.Leena Pandhare in the chairperson speech said the Dr.Ambedkar was true educationalist and staunch supporter of women education. Equality in male and female rights should be attained for the overall development of nation.

The vote of thanks was given by Dr. Sameer Limbare. All the NSS students, teaching and non teaching staff were present during the programme. The comparing was done by Dr.V.K.Nirbhavane.

IQAC Coordinator
N.S.P.M's Late Bindu Ramrao Deshmukh
Arts & Commerce Mahila Mahavidyalaya,
Nashik Road-422 101

Sameer
Dr.Sameer J Limbare
Coordinator

Leena Pandhare
Dr. Leena Pandhare
Principal

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Nashik Shikshan Prasarak Mandal, Nashik

**Late. Bindu Ramrao Deshmukh, Arts & Commerce
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(ID.No.PU/NS/AC/54/1998)

Dr. Leena Pandhare

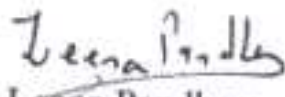
National Service Scheme

Aids Awareness Rally in Nashik Road : 07/12/2019

The NSS unit in collaboration with Nashik Municipal Corporation organized a rally on Aids Awareness at Nashik Road. The students gathered early in the morning at the entrance of Regional Office, Nashik Municipal Corporation Nashik Road. The rally was flag offed by Hon. Amdar Saroj Ahire, Sabhapati, Vishal Sangamner, Nagarsevak Prashant Bhau Dive, Medical Officer Shri Ravate. The rally began from regional office – Satkar Chowk – Subhash Road – Nashik Road Bus Stand – Chatrapati Shivaji Maharaj Statue Bytco Chowk and returning back to Regional Office. 50 students of NSS participated in the rally along with programme officer Dr. Sameer Limbare. The students gave various slogans like ' Don't Lose your Life, Stay away from HIV Prevention is better than Cure especially when something has no CURE and so on. The rally was supported by Shri. Sandeep Chavan, Counsellor of Health Dept, Nashik Municipal Corporation and encouraged by Principal Dr. Leena Pandhare and all the teaching and on non teaching staff.


Dr. Sameer Limbare
Coordinator

नाशिक शिकशन प्रसारक मंडल
नाशिक शिकशन प्रसारक मंडल, नाशिक
नाशिक शिकशन प्रसारक मंडल, नाशिक
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NSS Volunteers Contribution at COVID- 19 Vaccination Centres

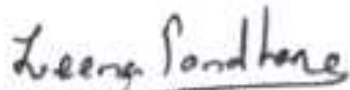
in July & Aug 2021

The following volunteers of NSS of LBRD Arts & Commerce Mahila Mahavidyalaya, Nashik Road actively participated at the Vaccination Centres of Nashik road. NSS volunteers helped in registration, crowd management & counselling at the vaccination centres.

Sr. No	Name of the Volunteer	Dates & Month	Time of work	No of Days
1.	Kanchan Shelke	August & September	10am to 4pm	35 days
2.	Pallavi Tile	30/07/21, 5/08/21,24/08/21,27/08/21 30/08/21	10am to 4pm	6 days
3.	Shraddha Nikam	30/07/21	10am to 4pm	1 day
4.	Harshada Vispute	30/07/21	10am to 4pm	1 day
5.	Sejal Bhalerao	30/07/21	10am to 4pm	1 day
6.	Dhanlaxmi Jadhav	08/08/21	10am to 4pm	1 day


Dr. Sameer Limbare
Programme Officer, NSS


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Dr. Leena Pandhare
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One Day Personality Development Workshop- 23 March 2022

Savitribai Phule Pune University Pune and NSS of LBRD Arts and Commerce Mahila Mahavidyalaya Nashik Road jointly organised One Day Personality development workshop for NSS volunteers on 23rd march 2022. The inaugural and first session of the workshop was conducted by Dr P.V.Rasaal, Prin MVP's College, Sinnar on the topic "Personality development through NSS". Youth should be physically, mentally, socially and spiritually fit for the development of personality. Personality is about being dynamic, changing according to the situation. The chairman's speech of the inauguration was given by Dr. Leena Pandhare. The second session was conducted by Dr Yogita Apte, Counsellor and psychologist on the topic "Beautiful mind: healthy mind". She told that a person should be not only be beautiful externally but also internally. The third session was conducted by Prof. Dr.Mrunal Bhardwaj on "Emotional literacy". People should be emotionally intelligent and they analysis their emotions. To understand self through SWOT. The fourth session was conducted by Ruby Uniyaal, HoD, Dept of Psychology, KTHM College, Nashik on the topic "Effective Communication and Positive attitude". Effective communication is important in interviews, social situations and facing problems in life. All the sessions included PowerPoint presentation, activities and interactive discussion. The workshop was coordinated and organised by Program officer, NSS Dr Sameer Limbare.



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3.3.3
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21-22

Celebration of Constitution Day 26 November 2021

NSS department of LBRD Arts and Commerce MahilaMahavidyalay in collaboration with the Department of Political Science celebrated constitution day on 26th November 2021. The chief guest of the function where PrinDr. Leena Pandhare who garlanded the photo of Dr Babasaheb Ambedkar and paid tributes. In her chariman's speech she said that the objective of constitution consists of 75 words which itself is the summary of the constitution. Socialism and secularism are important values of the constitution. During the program a quiz contest was conducted in which Aarti Gosavi, NSS volunteer bagged the first prize and received the copy of the constitution. Introduction of the program was done by Prof Sarojini Ahire and vote of thanks was given by Dr Sameer Limbare.



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Vaccination Drive and Free Health Check-up camp- 30th October 2021

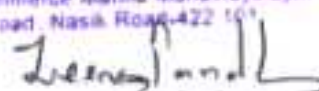
The NSS department of LBRD Arts and Commerce MahilaMahavidyalaya in collaboration with Rashtriya Swayamsevak Sangh Jan Kalyan Samiti and Ashoka Medicare and in association with Vidyarthi Kalyan Mandal organised vaccination camp and free medical health check-up camp on 30th Oct 2021. In the inauguration function Mr Pramod Kulkarni, Mr Pradeep Ketkar, Dr Prachi Pawar, Dr PankajVakatkar, Shri Deepak Sable & Shri Vishwanath Salve. Alka Kulkarni gave best wishes for the vaccination camp and congratulation the college for organising such a social event. 72 people got corona vaccination and 153 people were benefitted by health check-up during this camp. The introduction of the program was done by Dr. Leena Pandhare, compering by Dr. Minal Barve and vote of thanks by Dr Sameer Limbare.




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Arts & Commerce Mahila Mahavidyalaya

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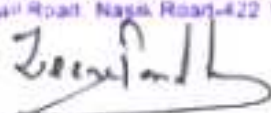
Swachhata Abhiyan on 13th August 2021

NSS department of LBRD Arts and Commerce Mahila Mahavidyalaya Nasik Road organised Swachhata Abhiyaan on 13th August 2021 in which the volunteers were instructed to clean the areas nearby their houses, near the gram panchayat offices, near the temples the plantation the cleanliness drive was conducted by keeping the social distance, sanitation and using mask.




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21-22

Plantation program on the occasion of NSS Day- 24th September 2021

NSS department of LBRD Arts and Commerce MahilaMahavidyalaya organised plantation program on the occasion of NSS Day that is on 24th September. Plants included in the plantation program were name bel, jambhul, badamKadamb,sonchafa, etc the plantation program was inaugurated by PrinDr. Leena Pandhare along with all the teachers and non-teaching staff of the college were present for the plantation. Plantation was conducted near the green gym of the college and on the ground of the college. The program was coordinated by Dr. Sameer Limbare.



34-2, Jijamata Nagar Rd, Phandharkar Nagar Colony, DattaMandir, Sane Guruji Nagar, Nashik, Maharashtra 422401, India

Latitude 19.96237864717841 Longitude 73.83628687821329°
Altitude 505 meters
Local 02:38:00 PM Friday, 24-09-2021
GMT 09:08:00 AM

Sameer
Programme Officer
N. S. S Unit

W. K. Limbare
IQAC Co-ordinator
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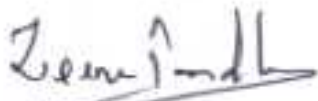
Leena Pandhare
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Azadi ka Amrit Mahotsav program on 9th of September 2021

NSS and Vidyarthi Kalyan Mandal jointly organised guest lecture on the occasion of Azadi ka Amrit Mahotsav the chief speaker was Prof. Dr. Lodhi Fatima department of Political Science, JAT Arts, Science and Commerce Women's college Malegaon on the topic basic rights of human citizens and their duty. She in her speech said about the emergence of constitution. The constitution has given equality to all by giving seven rights to i.e. right to speak, write, education, forming association, following a religion, culture and live life. The chairman speech was given by Prin. Dr Leena Pandhare and vote of thanks by Vinod Nirbhavane.


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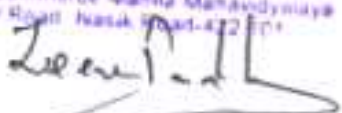
Lecture on Balanced Diet on 16th Sept 2021

The NSS department of LBRD Arts and Commerce MahilaMahavidyalaya organised a lecture on balanced diet of Sunita Gawande she said with the students the importance of balanced diet. Emotions of the person preparing do effect on the taste of food. Having food at lest two times in day. Time interval between two diets should be at least two hours. To drink water one hour before food and one hour after food. She also advised to take juices instead of tea or coffee. She also told that in every day diet pudina, dal, rice & chapati. To avoid potato in diet. Drink mild hot water in the early morning after getting up. The introduction of the program was done by Prof. Yogendra Patil and what of thanks by Dr. Sameer Limbare the chairman of the function where Prin. Dr. Leena Pandhare.




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Swachhata Abhiyan on the occasion of Mahatma Gandhi Jayanti-2nd Oct 2021

The NSS department of LBRD Arts and Commerce Mahila Mahavidyalaya organised swachhata abhiyaan on the occasion of Mahatma Gandhi Jayanti. The program officers instructed volunteers to do Swachhata Abhiyan near their residence, in the parks, temples, Gram Panchayat offices, jogging track. The volunteers were also told to keep social distance and wear mask while doing swachhata abhiyaan. They were also told to work in groups. The abhiyaan was coordinated by Dr Sameer Limbare.




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Plantation at Kotamgaon village 21st October 2021

The NSS dept of LBRD Arts and Commerce MahilaMahavidyalaya organised aplantation program on 21st October 2021 at kotamgaon village near ZP School of Kotamgaon. In the plantation the plants included Palm, Kadam,Bakul,Chinch, KaduLimba, Karanji,bel and sonchafa and Ashoka. For plantation program Village Sarpanch Shri BalasahebMaske were present along with Dinesh Mhaske Vishnu Ghuge members of Gram Panchayat, Gram Sevak Balasaheb Kadam, teachers of the ZP School Ranjan Kasaar, students of NSS Sarika Gadade, Aarti Gosavi,PunamGhughe, Swati Mhaske, Sakshi Ghuge, Priya Gughe were present for the plantation program.



XW42+CP8, Kotamgaon, Maharashtra 422105,
India

Latitude

19.95630813762545

6°

Local 11:01:16 AM

GMT 05:31:16 AM

Longitude



73.90152985230088°

Altitude 484 meters

Thursday, 21-10-2021


Programme Officer
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National Voters Day- 25th Jan 2022

The NSS department of LBRD Arts and Commerce Mahila Mahavidyalaya celebrated National voters Day on 25th Jan 2020 by organising a online lecture. The resource person for the lecture were Shri Avinash Kolhe. Kolhe in his speech said about two types of democracies and types of voting. India is the biggest democracy. History of voting in India has two phases pre-independence and post-independence. We follow the Indian Council Act 1982. Post-independence period had only one criteria of age (above 18 years) as before it had criteria's of caste, religion, income and education. In the year 2019 67.1% of people voted in India. From 2009 NOTA option is given to voters by the Election commission of India. In America, UK and India voting is not compulsory but in Australia it is. The compering of the program was done by Dr. Vinod Nirbhavane and lecture was attended by Dr. Leena Pandhare and all the teaching staff and NSS volunteers.


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Youth Day and Swami Vivekanand and Rajmata Jijau Jayanti – 12th Jan 2022

The NSS department celebrated National youth Day and also paid homage to Swami Vivekanand and Rajmata Jijau by organising a online lecture on 12th Jan 2022. The resource person for the lecture were SmtRatnaPethe. In the beginning she told that rajmata in very less age developed Shivaji Maharaj in their perception and leadership qualities. Swami Vivekanand were saint but had social concern about eradication of superstitions and social problems for which the youth should take initiative. Youth should be more focused, goal oriented and do social contribution. Developing a social attitude and contributing to the development of the nation. The program was chaired by Dr. Leena Pandhare and compering by Dr. Sameer Limbare, Program officer, NSS.



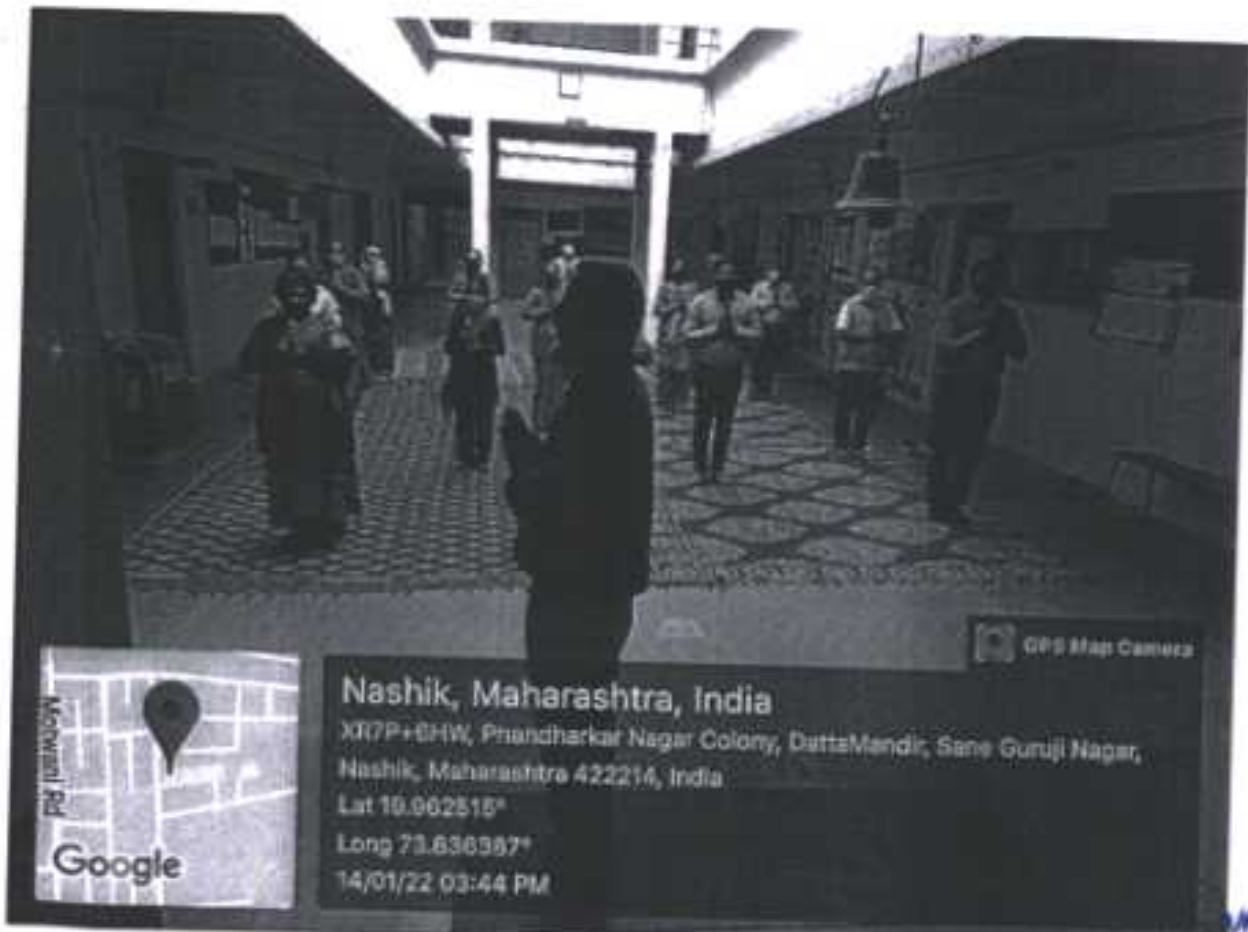
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Suryanamaskar Workshop – 14th Jan 2022

The NSS department of LBRD Arts and Commerce MahilaMahavidyalaya organisedsuryanamaskarworkshop on 14th Jan 2022 in the college porch at 4.30 pm. In the workshop Prof. Yogendra Patil, Director of sports of our college wee the resource person for the said workshop. He guided by the people by conducting suryanamskar. The workshop were attended by the teaching, non-teaching staff and the student of NSS. Mr. Patil also told the audience about the benefits of suryanamaskar and the time to perform it. The Workshop was coordinated by Dr. Sameer Limbare.



Nashik, Maharashtra, India

XD7P+6HW, Prandharkar Nagar Colony, DattaMandir, Sane Guruji Nagar,

Nashik, Maharashtra 422214, India

Lat 19.962515°

Long 73.636987°

14/01/22 03:44 PM

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Yogendra Patil
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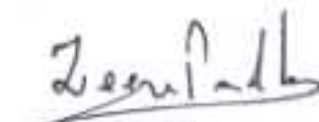
SwatchataAbhiyaan- 3rd Feb 2022

The NSS department of LBRD Arts and Commerce MahilaMahavidyalaya organisedSwatchataabhiyaan on 3rd Feb 2020 in the college campus. The abhiyaan was conducted in the playing ground and near the green gym of the college. The volunteers collected the plastic, waste paper and unwanted weeds. The volunteers also watered the plants near the green gym and on the playground.




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 21-22

National Service Scheme

Workshop on "Yoga" on International Yoga Day (21st June 2021)

The NSS unit of the College organised a workshop on "Yoga" on the occasion of International Yoga Day on 21st of June 2021. The workshop was guided by Prof. Yogendra Patil, Yog Shikshak and has delivered various lectures and demonstration on yoga to numerous Schools, Colleges and conducted workshops. Prof Yogendra Patil during his session not only gave valuable information on the importance of yoga but also demonstrated various asanas such as suryanamaskar, shavaasan, tadaasan, sarvangaasan, bujangaasan, pranaayam, kapaalbhati, anulom, vilom and omkar. Before beginning the yoga asanas he took the warming movements which would help for better yoga movements. While performing the yoga he himself gave the instructions.

After this in the chairman's speech was Dr. Leena Pandhare, Principal of our college appreciated Prof Yogendra Patil for very smooth conduction of the session and also that there was no sign of voice modulation while giving instructions and simultaneously performing yoga. The introduction and vote thanks was given by Dr. Sameer Limbare, Programme officer, NSS. The programme was attended by the NSS volunteers, teaching and non-teaching staff.



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 Dr. Sameer Limbare
 Program-Officer, NSS

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 Arts & Commerce Mahila Mahavidyalaya

नाशिक शिक्षण प्रसारक मंडळाचे

कै.बिंदू रामराव देशमुख कला व वाणिज्य महिला महाविद्यालय, नाशिकरोड

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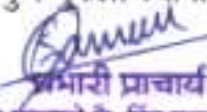
राष्ट्रीय सेवा योजना : हिवाळी शिबीर : चांदगिरी,ता.जि.नाशिक
02/01/2023 ते 08/01/2023 - अहवाल


नाशिक शिक्षण प्रसारक मंडळाचे कै.बिंदू रामराव देशमुख कला व वाणिज्य आणि विज्ञान महाविद्यालय नाशिकरोड व सावित्रीबाई फुले पुणे विद्यापीठ,पुणे यांच्या संयुक्तविद्यमाने राष्ट्रीय सेवा योजना हिवाळी शिबीर दिनांक 02/01/2023 ते 08/01/2023 या कालावधीत चांदगिरी,ता.जि.नाशिक येथे संपन्न झाले. शिबीराच्या पहिल्या दिवशी सकाळी शिबीरात सहभाग घेतलेल्या सर्व विद्यार्थीनीं सर्व प्रथम कामाची सुरुवात राष्ट्रगीत व प्रार्थनेने झाली. उद्घाटन कार्यक्रमासाठी नाशिक शिक्षण प्रसारक मंडळाचे सहसचिव मा.श्री.प्रसाद कुलकर्णी, चांदगिरीचे माजी सरपंच मा.श्री.रमेश कटाळे, उपसरपंच मा.सौ.प्रियंका कटाळे, मा.श्री.किरण कटाळे व महाविद्यालयाचे प्रभारी प्राचार्य प्रा.डॉ.समीर लिंबारे हे उपस्थित होते. कार्यक्रमाची सुरुवात दिप्रज्वलन व सरस्वती पूजनाने झाली. मा.श्री.प्रसाद कुलकर्णी यांनी आपल्या मार्गदर्शनातून राष्ट्रीय सेवा योजनेबद्दल माहिती सांगितली तसेच समाजाचे प्रबोधन केले पाहिजे, स्वतःचा विकास घडवून आणला पाहिजे असे सांगितले. चांदगिरी गावाचे माजी सरपंच मा.श्री.रमेश तुकाराम कटाळे यांनी सर्वांना मोलाचे मार्गदर्शन केले. सर्व गावाचे ग्रामस्थ सर्व विद्यार्थीनींना मदत लागल्यास सहकार्य करतील असे आश्वासन त्यांनी दिले. मा.श्री.किरण कटाळे यांनी शिबीराला मनापासून शुभेच्छा दिल्या. मा.सभापती मा.श्री.संजय तुंगार सर म्हणाले की, शिबीरामुळे गावात चैतन्य निर्माण होण्यास मदत होते. त्यामुळे राष्ट्रीय सेवा योजना खुप चांगली चळवळ आहे. महाविद्यालयाचे प्रभारी प्राचार्य प्रा.डॉ.समीर लिंबारे यांनी सर्वांना खूप मोलाचे मार्गदर्शन केले व प्रोत्साहन दिले. गावातील नवीन नवीन गोष्टी शिका व एकमेकांमध्ये प्रेम, जिद्दाला निर्माण करा असे सांगितले.

उद्घाटन प्रसंगी विशेष अतिथी म्हणून कोटमगांवचे सरपंच मा.श्री.बाळासाहेब म्हस्के, उपसरपंच मा.श्री.चंद्रभान म्हस्के, ग्रामविकास अधिकारी मा.पी.टी.सानप मॅडम, प्राथमिक शाळेचे मुख्याध्यापक व शिक्षक, चांदगिरीचे सर्व ग्रामस्थ, महाविद्यालयाचे प्राध्यापक व प्राध्यापकेतर कर्मचारी व शिबीरातील सर्व विद्यार्थीनी उपस्थित होत्या.उद्घाटन कार्यक्रमाचे सूत्रसंचालन प्रास्ताविक परिचय व स्वागत राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी प्रा.डॉ.गोरखनाथ वाकळे यांनी केले. कार्यक्रमाचे आभार संस्थेच्या कार्यकारी मंडळ सदस्या मा.डॉ.सौ.मिनल बर्वे यांनी मानले.

शिबीराच्या पहिल्या दिवशी उद्घाटन कार्यक्रमानंतर कोटमगांवचे सरपंच मा.श्री.बाळासाहेब म्हस्के यांनी ग्रामविकास आणि तरुणांचा सहभाग या विषयावर पुष्प गुंफले. त्यांनी सर्वांना एक तरुण काय काय करू शकतो ते


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प्रभारी प्राचार्य
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कला व वाणिज्य महिला महाविद्यालय,
साने पुरुजी नगर, जंजिरा रोड, नाशिकरोड

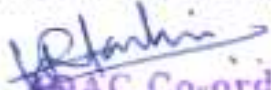

प्रभारी प्राचार्य
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सांगितले. त्यांनी स्वतःच्या गावाचा विकास कसा केला, कोटमगांवला आदर्श पुरस्कार कसा मिळाला असे अनेक उदाहरण देऊन पटवून दिले. त्या कार्यक्रमाचे सुत्रसंचालन परिचय व आभार कार्यक्रम अधिकारी प्रा.डॉ.गोरखनाथ वाकळे यांनी केले. 02.30 वाजता चांदगिरी गावातील हनुमान मंदिर येथील परिसर स्वच्छ केला. काही विद्यार्थीनींनी झाडू मारला तर काहींनी गवत काढले. सर्वांनी मिळून वेगवेगळे काम केले.


दिनांक 03/01/2023 रोजी रा.से.यो हिव्हाळी शिबीर सर्व प्रथम आमच्या कामाची सुरवात राष्ट्रगीत व प्रार्थनेने झाली. नंतर सर्व विद्यार्थीनींचे ग्रुप तयार करण्यात आले. सर्व ग्रुपला कामे वाटप करण्यात आली. सर्व प्रथम विद्यार्थीनींनी घरोघरी जाऊन महिलांना आरोग्य विषयी, शिक्षणाविषयी, स्वच्छतेविषयी आवाहन केले व माहिती दिली तसेच महिलांशी चर्चा केली. हितगुज साधले व त्यांच्या समस्या जाणून घेतल्या. त्यांना हिव्हाळी शिबीरातील हेल्थ चेकअपसाठी आवाहन केले. नंतर सर्व विद्यार्थीनींनी एकत्र येऊन परिसर स्वच्छ केला. यावेळी प्रा.डॉ.वाकळे, प्रा.डॉ.कुशारे, प्रा.डॉ.भावसार, प्रा.डॉ.बेलदार, श्री.सुभाष शिंदे हे उपस्थित होते.

दुपारच्या सत्रात प्रमुख वक्ते म्हणून हायकोर्ट मुंबई येथील अॅड.मा.श्री.प्रेमनाथ पवार व मा.अॅड. श्री.प्रतिक पवार हे उपस्थित होते. त्यांनी सामाजिक कायदे, कर्तव्य व अधिकार या विषयावर मार्गदर्शन केले. अॅड. प्रेमनाथ पवार यांनी कायदा म्हणजे काय ते सांगितले. कायदा हा प्रत्येकाला माहिती असणे आवश्यक आहे. कायदा हा सामाजिक जीवनातून आलेला आहे. कायद्याचे दोन प्रकार पडतात. एक म्हणजे राज्य व दुसरा केंद्र. कायदा हा सर्वांसाठी समान असतो हे माहिती असणे गरजेचे असते असे त्यांनी सांगितले. अॅड पवार यांनी विद्यार्थीनींना शिक्षणाचा हक्क, पोटगी, हिंसाचार असे विविध कायदांबद्दल माहिती दिली. अॅड.श्री.प्रतिक पवार यांनी राज्य घटनेबद्दल मोलाचे मार्गदर्शन केले. महिलांना मतदानाचा हक्क कसा मिळाला तसेच ट्रिपल तलाख म्हणजे काय हे थोडक्यात समजावून सांगितले तसेच कोणतेही सामाजिक व्यवहार करतांना भान जपले पाहिजे असेही त्यांनी सांगितले. या सत्राचे सुत्रसंचालन कु.वैष्णवी सिकची हिने केले व परिचय कु.आरती जाधव हिने करून दिला. प्रा.डॉ.गोरखनाथ वाकळे यांनी पाहुण्यांचे आभार मानले.

दिनांक 04/01/2023 रोजी हिव्हाळी शिबीराच्या कामाची सुरवात राष्ट्रगीत व प्रार्थनेने झाली. नंतर प्रा.डॉ.वाकळे, प्रा.डॉ.भावसार, प्रा.श्री.बोरसे, प्रा.करंजकर यांनी मार्गदर्शन केले. सर्व विद्यार्थीनींनी चांदगिरी गावातील रस्ते, गल्ल्या झाडून घेतल्या, जमा झालेला कचरा गोळा करून तो कचरा कुंड्यांमध्ये टाकण्यात आला व प्रत्येकाला स्वच्छतेचे महत्व समजावून सांगितले. नंतर विद्यार्थीनींनी नाटकाची, सांस्कृतिक कार्यक्रमाची तयारी केली. यानंतर गावातील महिला सौ. राधिकाताई कटाळे यांनी सांय.04.00 वाजता सर्व विद्यार्थीनींना स्त्रीयांचे आरोग्य व स्वच्छतेविषयी माहिती दिली तसेच महिलांना व मुलींना होणारे आजार ह्यावर उपाय सांगितले. कशाने काय होते हे समजावून सांगितले. या कार्यक्रमाचे आभार प्रा.करंजकर मॅडम यांनी मानले.


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यानंतर चांदगिरी गावातील ग्रामसेविका पी.टी. सानप मॅडम तसेच चांदगिरी गावातील बचत गटाच्या महिला यांनी आम्हाला ग्रामसेवा व बचत गटाबद्दल माहिती दिली. बचत गट म्हणजे काय व बचत गट कसे चालविले जातात हे समजावून सांगितले तसेच बचत गटातून कसा फायदा होतो व बचत गटामार्फत त्या काय काय उत्पादन करतात हेही त्यांनी आम्हाला सांगितले. या कार्यक्रमाप्रसंगी प्रा.स्मिता माळवे, प्रा.डॉ.जीवन सोळंके, कार्यक्रम अधिकारी डॉ.गोरखनाथ वाकळे हे उपस्थित होते. कार्यक्रमाचे आभार प्रा.स्मिता माळवे यांनी मानले.

दिनांक 06/01/2023 रोजी हिवाळी शिबीराच्या कामाची सुरुवात राष्ट्रगीत व प्रार्थनेने झाली. त्यानंतर राष्ट्रीय सेवा योजना व श्रीगुरुजी रुग्णालय, नाशिक यांच्या संयुक्तविद्यमाने मोफत वैद्यकीय तपासणी शिबीराचे उद्घाटन मा.श्री.किरण कटाळे, मा.सखाहरी कटाळे तसेच श्रीगुरुजी रुग्णालयाचे प्रसिध्द डॉ.मुंगी, डॉ.भावे यांचे हस्ते झाले. याप्रसंगी चांदगिरीतील ग्रामस्थ, डॉ.वाकळे, डॉ.भावसार, प्रा.प्रतिष्ठा पाटील, प्रा.सरोजिनी अहिरे व राष्ट्रीय सेवा योजनेच्या विद्यार्थीनी उपस्थित होत्या. उद्घाटनानंतर ग्रामस्थांच्या आरोग्य तपासणीस सुरुवात झाली.


सकाळी 10 वाजेपासून दुपारी 02.15 पर्यंत चांदगिरीतील महिला, पुरुष, तरुण, तरुणी तसेच ग्रामपंचायत सदस्य श्री.किरण कटाळे, श्री.सखाहरी कटाळे यांची आरोग्य तपासणी करण्यात आली तसेच प्राथमिक शाळेचे विद्यार्थी, शिक्षक तसेच महिला बचत गटाच्या सदस्या व शिबीरार्थी विद्यार्थीनींची आरोग्य तपासणी करण्यात आली. दुपारी 2.15 पर्यंत सुमारे 80 नागरिकांची आरोग्य तपासणी करून त्यांना श्रीगुरुजी रुग्णालयातर्फे मोफत औषधे देखील देण्यात आली. दुपारच्या सत्रात विद्यार्थीनींची चांदगिरी येथील प्रसिध्द सप्तशृंगी देवी मंदिर या ठिकाणी सहल नेऊन विद्यार्थीनींना मंदिराची व आजूबाजूच्या नैसर्गिक वातावरणाची माहिती देण्यात आली. या कार्यक्रमासाठी डॉ.वाकळे, डॉ.भावसार, श्रीमती.अहिरे, श्रीमती.पाटील व विद्यार्थीनी मोठ्या संख्येने उपस्थित होत्या.

दिनांक 07/01/2023 रोजी कार्यक्रमाची सुरुवात राष्ट्रगीत आणि प्रार्थनेने झाली. सकाळ सत्रात मा.श्री.संजय किर्तने, कार्यालयीन अधिकांक, कै.बिंदू रामराव देशमुख कला व वाणिज्य महिला महाविद्यालय, नाशिकरोड यांचे 'स्वातंत्र्याचे 75 वर्षे' या विषयावर व्याख्यान संपन्न झाले. त्यामध्ये त्यांनी स्वातंत्र्यपूर्व भारताची परिस्थिती, ब्रिटीशांची भारतातील पुढनिती, कारस्थान इत्यादी विषयी माहिती दिली. स्वातंत्र्य प्राप्तीनंतर भारताची शेती, उद्योग, संरक्षण, विदेशी संबंध त्यामध्ये झालेले बदल व भारताची विकसित होत चाललेली अर्थव्यवस्था यासंबंधी सविस्तर माहिती दिली. स्वातंत्र्यासाठी प्रत्येक नागरिकाने व तरुणाने आपला खारीचा वाटा उचलून स्वातंत्र्याच्या प्रगतीला हातभार लावावा असे आवाहन केले. कार्यक्रमाचे सूत्रसंचालन डॉ.अविनाश भावसार यांनी केले. डॉ.गोरखनाथ वाकळे यांनी आभार मानले. या कार्यक्रमाला प्रा.प्रकाश वारकरी, प्रा.मानसी नंदागवळी, श्री.सुभाष शिंदे व विद्यार्थीनी मोठ्या संख्येने उपस्थित होत्या.


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प्रभारी प्राचार्य
ना.शि.प्र.मंडळाचे कै. बिंदू रामराव देशमुख
कला व वाणिज्य महिला महाविद्यालय,
साने गुरुजी नगर, जेलरोड, नाशिकरोड.


प्रभाषी प्राचार्य
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पुढच्या सत्रात ' योग शिक्षण आणि तरुण ' या विषयावर प्रा.योगेंद्र पाटील यांनी मार्गदर्शन केले. शारिरीक तंदुरुस्तीसाठी घ्यावयाची काळजी, दैनंदिन आहार, व्यायाम, आरोग्यासाठी आवश्यक झोप, अन्न, पाणी इत्यादी किती प्रमाणात घ्यावे तसेच आरोग्या संदर्भात किती सावधगिरी बाळगावी या संबंधी मार्गदर्शन करून विद्यार्थीनींनी विचारलेल्या प्रश्नांची उत्तरे दिली. या कार्यक्रमाचे स्वागत, परिचय डॉ.गोरखनाथ वाकळे यांनी केले तर आभार डॉ.अविनाश भावसार यांनी मानले. कार्यक्रमाला प्रा.प्रकाश वारकरी, प्रा.मानसी नंदागवळी, श्री.सुभाष शिंदे व विद्यार्थीनी मोठ्या संख्येने उपस्थित होत्या. दुपारी 04.00 ते 06.00 या कालावधीत विद्यार्थीनींनी सांस्कृतिक कार्यक्रम सादर केला.

या कार्यक्रमामध्ये राष्ट्रभक्तीपर गीत, राष्ट्रीय सेवा योजना गीत, महाराष्ट्रीय मराठमोळी गाणी, लावणी, सामुहिक नृत्य, वैयक्तिक नृत्य, समान प्रबोधनपर एकांकिका व सामाजिक संदेश देणारे कार्यक्रम सादर केले. कार्यक्रमाला गावातील ग्रामस्थ, नागरिक मोठ्या संख्येने उपस्थित होते.


दिनांक 08 जानेवारी 2023 रोजी सकाळी समारोप कार्यक्रमाची सुरुवात राष्ट्रगीत व प्रार्थनेने झाली. कार्यक्रमाला प्रमुख पाहुणे म्हणून महिला महाविद्यालयाचे माजी प्राचार्य मा.डॉ.अश्विनीकुमार भारद्वाज हे उपस्थित होते. तसेच महाविद्यालयाचे प्रभारी प्राचार्य प्रा.डॉ.समीर लिंबारे, चांदगिरी गावाचे सरपंच श्री.रमेश अप्पा कटाळे, उपसरपंच, पोलिस पाटील, प्रतिष्ठित नागरिक हे उपस्थित होते.

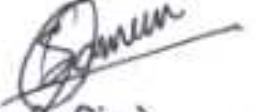
कार्यक्रमाचे सूत्रसंचालन सहाय्यक कार्यक्रम अधिकारी डॉ.अविनाश भावसार यांनी केले तसेच प्रमुख पाहुण्यांचा परिचय कार्यक्रम अधिकारी डॉ.गोरखनाथ वाकळे यांनी केला. उपस्थित सर्व मान्यवरांचे स्वागत व सत्कार करण्यात आला. यानंतर कु.आरती जाधव हिने अहवाल वाचन केले. काही विद्यार्थीनींनी आपले मनोगत व्यक्त केले. कार्यक्रमाचे प्रमुख पाहुणे डॉ.अश्विनीकुमार भारद्वाज यांनी विद्यार्थीनींना मार्गदर्शन केले व चांदगिरी गावाला अशोकाची 50 झाडे व इतर 110 झाडे देणगीच्या स्वरूपात दिली तसेच महिला महाविद्यालयाच्यावतीने 30 झाडे देण्यात आली. चांदगिरी गावाचे सरपंच, उपसरपंच यांनी आपले मनोगत व्यक्त केले. यानंतर महिला महाविद्यालयाचे प्राचार्य प्रा.डॉ.समीर लिंबारे यांनी अध्यक्षीय भाषण केले.

यानंतर सर्वोत्कृष्ट स्वयंसेविका म्हणून कु.कितिजा तेलोरे हिची निवड करण्यात आली तसेच एन.एस.एस च्या पाचही गटांचे लिडर यांचाही सत्कार करण्यात आला. कार्यक्रमाचे आभार सहाय्यक कार्यक्रम अधिकारी डॉ.अविनाश भावसार यांनी मानले.


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प्रभारी प्राचार्य
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नाशिक शिक्षण प्रसारक मंडळाचे,


कै.बिंदू रामराव देशमुख कला व वाणिज्य आणि विज्ञान महिला महाविद्यालय,नाशिकरोड

राष्ट्रीय सेवा योजना : एड्स रॅली : जाणिव जागृती सप्ताह

राष्ट्रीय सेवा योजना व बिटको महाविद्यालय,नाशिकरोड महानगरपालिका,नाशिक यांच्या संयुक्तविद्यमाने दिनांक ०३ डिसेंबर, २०२२ रोजी जागतिक एड्स दिनाचे औचित्य साधून रॅलीचे आयोजन करण्यात आले. राष्ट्रीय सेवा योजनेच्या ५० विद्यार्थीनी सहभागी झाल्या होत्या. त्यामध्ये नाशिकरोड परिसरातील अनेक नामवंत महाविद्यालयातील राष्ट्रीय सेवा योजनेचे विद्यार्थी, स्वयंसेवक, प्राध्यापक मोठ्या संख्येने उपस्थित होते. जागतिक एड्स दिनानिमित्ताने EQUILZE या घोषवाक्याने रॅलीमध्ये आपली एकता, समानता, HIV सह जगणाऱ्यांकरिता लोकांचे प्रबोधन करण्यात आले. अनेक विद्यार्थी, प्राध्यापक नाशिकरोड येथील हिंदू हृदयसम्राट बाळासाहेब ठाकरे रुग्णालय,नाशिकरोड, सत्कार चौक, सुभाष रोड, नाशिकरोड एस.टी स्टॅण्ड अशा मार्गाने रॅलीचे आयोजन करून रॅलीमध्ये विविध प्रकारच्या घोषणा देण्यात आल्या. अनेक घोषवाक्ये विद्यार्थीनींनी सोबत आणली होती. रॅलीला रेड रिबनचे समन्वयक मा.श्री.चव्हाण सर यांनी मार्गदर्शन केले. महिला महाविद्यालयाच्यावतीने डॉ.अविनाश भावसार, प्रा.प्रतिष्ठा पाटील व विद्यार्थीनी उपस्थित होत्या. रॅलीच्या यशस्वी आयोजनानंतर बाळासाहेब ठाकरे रुग्णालय,नाशिकरोड येथे रॅलीचा समारोप करण्यात आला.


डॉ. गोरखनाथ वाकळे

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नाशिक शिक्षण प्रसारक मंडळाचे
कै.बिंदू रामराव देशमुख कला व वाणिज्य आणि विज्ञान महिला महाविद्यालय, नाशिकरोड

राष्ट्रीय सेवा योजना : राष्ट्रीय मतदान जागृती दिन अहवाल : २५/०१/२०२३

दिनांक २५/०१/२०२३ रोजी कै.बिंदू रामराव देशमुख कला व वाणिज्य आणि विज्ञान महिला महाविद्यालय, नाशिकरोड येथे राष्ट्रीय सेवा योजना विभागांतर्गत राष्ट्रीय मतदान जागृती दिन साजरा करण्यात आला. यावेळी महाविद्यालयाच्या प्रांगणातून मोठ्या विद्यार्थिनी संख्येने सकाळी १०.०० वाजता रॅलीला सुरुवात करण्यात आली. रॅलीचा मार्ग सानेगुरुजी नगर, शिखरेवाडी, गंधर्व नगरी, शिवाजी पुतळा, जिजामाता नगर अशा दोन ते तीन किमी. अंतराने रॅली काढण्यात आली. रॅलीमध्ये विद्यार्थिनींनी अनेक घोषवाक्ये तयार करून आणलेली होती तसेच विद्यार्थिनी मतदार राजा जागा हो, लोकशाहीचा धागा हो, आपला आवाज लोकशाहीचा, आपले मत आपला आवाज, आपले मत मताचे दान आहे लोकशाहीचे दान, छोडो आपले सारे काम, पहले चलो करे मतदान, जन-जन की यही पुकार वोट डालो अबकी बार इत्यादी घोषणा देऊन परिसर दुमदुमून सोडला. वरील सर्व ठिकाणी विद्यार्थिनींनी गोलाकार रिगण करून विविध घोषणांनी महाविद्यालयाच्या प्रांगणात रॅली आल्यानंतर महाविद्यालयाचे प्रभारी प्राचार्य प्रा.डॉ. समीर लिंबारे यांनी रॅलीचे स्वागत केले. राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी डॉ. गोरखनाथ वाकळे यांनी राष्ट्रीय मतदार दिवसाचे महत्व सांगून प्रत्येकाने आपला मतदानाचा हक्क बजावला पाहिजे, ते आपले राष्ट्रीय कर्तव्य आहे, यासाठी प्रत्येक नागरिकाने जागरूक राहून मतदान करावे असे सांगितले. प्रभारी प्राचार्य प्रा.डॉ. समीर लिंबारे यांनी राष्ट्रीय मतदान दिवसाचे महत्व सांगून प्रत्येकाने आपला हक्क मतदानातून बजावावा तरच आपण चांगले प्रतिनिधी निवडून देऊ शकतो असे मनोगत व्यक्त केले. कार्यक्रमासाठी राष्ट्रीय सेवा योजनेच्या विद्यार्थिनी बहुसंख्येने उपस्थित होत्या तसेच सहाय्यक कार्यक्रम अधिकारी डॉ. अविनाश भावसार, श्री. सुभाष शिंदे, बी.ए.पी कॉम्प्युटर ॲकेडमीचे संचालक श्री. सुभाष पाटील हे उपस्थित होते.

कार्यक्रमाचे आभार डॉ. गोरखनाथ वाकळे यांनी मानले.

डॉ. जी. ई. वाकळे
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N. S. F. Office
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प्रभारी प्राचार्य
ना.शि.प्र.मंडळाचे कै. बिंदू रामराव देशमुख
कला व वाणिज्य महिला महाविद्यालय
साने गुरुजी नगर, जेलरोड, नाशिक

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नाशिक शिक्षण प्रसारक मंडळाचे,

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राष्ट्रीय सेवा योजना : वृक्षारोपण कार्यक्रम अहवाल

राष्ट्रीय सेवा योजनेच्यावतीने दिनांक ०५ नोव्हेंबर, २०२२ रोजी मौजे चांदगिरी या ठिकाणी वृक्षारोपण व स्वच्छता अभियान कार्यक्रम राबविण्यात आला. चांदगिरी गावातील माजी सरपंच मा.श्री.रमेश कटाळे, उपसरपंच सौ.प्रियंका किरण कटाळे, मा.श्री.किरण कटाळे, मा.श्री.रामहरी तुकाराम कटाळे, ग्रामसेविका मा.सौ.सानप मॅडम व ग्रामस्थ मोठ्या संख्येने उपस्थित होते.

चांदगिरी गावातील प्राथमिक शाळेच्या परिसरात व स्मशानभूमीत विविध प्रकारची ३० ते ४० झाडांचे वृक्षारोपण करण्यात आले. यामध्ये गुलमोहर, चिंच, हिरडा, बेहडा, कदंब अशा विविध वृक्षाचे रोपण चांदगिरीचे सरपंच, राष्ट्रीय सेवा योजना अधिकारी डॉ.गोरखनाथ वाकळे, सहाय्यक कार्यक्रम अधिकारी डॉ.अविनाश भावसार, राष्ट्रीय सेवा योजनेच्या विद्यार्थीनी व ग्रामस्थ यांच्या उपस्थितीत करण्यात आले. तसेच एन.एस.एस च्यावतीने चांदगिरी गावात २०० वृक्ष लावण्याचा संकल्प करण्यात आला. महिला महाविद्यालयाचे माजी प्राचार्य मा.डॉ.अश्विनीकुमार भारद्वाज यांनी राष्ट्रीय सेवा योजनेच्या माध्यमातून अशोकाची ५० झाडे, रक्कम रुपये ५०,०००/- इतक्या किमतीची झाडे तात्काळ उपलब्ध करून दिली. या वृक्ष लागवडीमुळे गावाच्या सौंदर्यात भर पडण्यास व पर्यावरण संतुलन साधण्यास मदत होणार आहे. प्रा.डॉ.अविनाश भावसार यांनी उपस्थितांचे आभार मानले.


डॉ. गोरखनाथ वाकळे

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नाशिक शिक्षण प्रसारक मंडळाचे,

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राष्ट्रीय सेवा योजना : स्वच्छता अभियान व जन जागृती

राष्ट्रीय सेवा योजनेच्यावतीने दिनांक १० ऑक्टोबर २०२२ रोजी चांदगिरी या ठिकाणी स्वच्छता अभियान राबविण्यात आले. यावेळी चांदगिरी गावातील मुख्य रस्ते, अंतर्गत रस्ते, गल्ली, प्राथमिक शाळा परिसर, हनुमान मंदिर परिसर, ग्रामपंचायत चांदगिरी परिसर इत्यादी ठिकाणी रस्ते स्वच्छता, रस्त्यांवर पडलेला कचरा उचलून तो कचरा कुंड्यांमध्ये टाकून त्याची विल्हेवाट लावण्यात आली. स्वच्छता अभियान कार्यक्रमाच्या माध्यमातून राष्ट्रीय सेवा योजनेच्या विद्यार्थीनींनी प्रत्येक घरामध्ये जावून महिला नागरिक शाळेतील विद्यार्थी, ग्रामस्थ, ग्रामपंचायत सदस्य इत्यादींनीना स्वच्छतेचे महत्व पटवून सांगितले. अस्वच्छतेमुळे निर्माण होणारी रोगरायी दुरकरण्यासाठी गाव स्वच्छ असणे किती महत्वाचे आहे हा संदेश राष्ट्रीय सेवा योजनेच्या माध्यमातून विद्यार्थीनींनी ग्रामस्थांना दिला. या कार्यक्रमामध्ये राष्ट्रीय सेवा योजनेच्या बहुसंख्य विद्यार्थीनी चांदगिरी माजी सरपंच मा.श्री. रमेश कटाळे, सखाहरी कटाळे, किरण कटाळे, प्रियंका कटाळे, मोठ्या संख्येने ग्रामस्थ उपस्थित होते. एन.एस.एस च्यावतीने नागरिकांना स्वच्छता ठेवण्यासंदर्भात आवाहन करण्यात आले. या कार्यक्रमास एन.एस.एस अधिकारी डॉ. गोरखनाथ वाकळे व सहाय्यक अधिकारी डॉ. अविनाश भावसार हे उपस्थित होते. कार्यक्रमाचे आभार कु. क्षितीजा तेलोरे हिने मानले.


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प्रभारी प्राचार्य
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नाशिक शिक्षण प्रसारक मंडळाचे,

कै.बिंदू रामराव देशमुख कला व वाणिज्य आणि विज्ञान महिला महाविद्यालय, नाशिकरोड

राष्ट्रीय सेवा योजना : महात्मा गांधींचे विचार आणि आधुनिक भारत व्याख्यान अहवाल

०२/१०/२०२२

नाशिक शिक्षण प्रसारक मंडळाचे कै. बिंदू रामराव देशमुख कला व वाणिज्य आणि विज्ञान महिला महाविद्यालय नाशिकरोड राष्ट्रीय सेवा योजनेतर्गत महात्मा गांधींचे विचार आणि आधुनिक भारत या विषयावर दिनांक ०२/१०/२०२२ रोजी व्याख्यानाचे आयोजन करण्यात आले.

कार्यक्रमाचे सुत्रसंचालन कु.आरती जाधव हिने केले. प्रमुख पाहुण्यांच्या हस्ते सरस्वतीपूजन करण्यात आले. कार्यक्रमाचे प्रास्ताविक, पाहुण्यांचा परिचय व स्वागत राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी प्रा. डॉ. गोरखनाथ वाकळे यांनी केले. यानंतर प्रमुख अतिथी मा. श्री. श्रीकांत नावरेकर यांनी आपले मनोगत व्यक्त केले त्यामध्ये त्यांनी महात्मा गांधींचे विचार आणि आधुनिक भारत यावर आपले मत मांडले. त्यांनी महात्मा गांधी यांच्या जीवनाचा प्रवास कसा झाला व भारताला स्वातंत्र्य कसे मिळवून दिले हे थोडक्यात सांगितले. त्यांनी गांधीजींचे पर्यावरणाबद्दल काय मत होते हे सांगितले.

अध्यक्षीय मनोगतात महाविद्यालयाचे प्रभारी प्राचार्य डॉ. समीर लिंबारे यांनी गांधीजींच्या विचाराचा वारसा घेऊन देशाला वाटचाल करावी लागेल, गांधीजींनी अनेक विषय अहिंसेच्या मार्गाने सोडवून देशाला स्वातंत्र्य मिळवून दिले असे सांगितले.

कार्यक्रमाचे आभार डॉ. गोरखनाथ वाकळे यांनी मानले. या कार्यक्रमास १०० विद्यार्थिनी, प्राध्यापक व शिक्षकेतर कर्मचारी उपस्थित होते.



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रा. से. यो कार्यक्रम अधिकारी


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साने गुरुजी नगर, जेलरोड, नाशिकरोड.


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कला व वाणिज्य महिला महाविद्यालय,
साने गुरुजी नगर, जेलरोड, नाशिकरोड.

नाशिक शिक्षण प्रसारक मंडळाचे,

कै.बिंदू रामराव देशमुख कला व वाणिज्य आणि विज्ञान महिला महाविद्यालय, नाशिकरोड

राष्ट्रीय सेवा योजना :

नैसर्गिक गुळ शेती प्रकल्प, मु.पो.शिंदे,पळसे क्षेत्रीय भेट अहवाल

राष्ट्रीय सेवा योजनेच्यावतीने दिनांक ०२/०३/२०२३ रोजी मु.पो.शिंदे,पळसे येथील नाशिक हनीबी फार्मर प्रोड्यूसर कं.लि. गोडवा गुळ प्रकल्प या ठिकाणी राष्ट्रीय सेवा योजनेच्या विद्यार्थीनी भेट दिली. कंपनीचे व्यवस्थापक मा.श्री.विष्णूपंत गायधनी व मा.श्री.संजय तुंगार यांनी सुरुवातीला महाविद्यालयाचे व राष्ट्रीय सेवा योजनेच्या विद्यार्थीनींचे भेट आयोजित केल्याबद्दल स्वागत केले तसेच प्रकल्पासंबंधी सर्व बाबींची सविस्तर माहिती दिली. या प्रकल्पासाठी शिंदे - पळसे येथील आजूबाजूस असणाऱ्या शेतकऱ्यांना या प्रकल्पामध्ये सहभागी केलेले आहे. त्यामध्ये ७५ शेतकरी सहभागी झालेले असून सहकारी तत्वावर हा प्रकल्प काम करतो. सभासद शेतकऱ्यांकडून विशिष्ट प्रजातीचा उस मागवून त्यावर नैसर्गिक प्रक्रिया करून उसाचा रस ११० ते १२० डि.से तापमानावर उकडून त्यापासून पाक तयार केला जातो आणि त्यानंतर त्यावर प्रक्रिया करून पाच ते दहा ग्रॅम वजनाचे गुळ तसेच एक किलो वजनाचा गुळ, गुळपावडर आणि गुळाची काकवी तयार केली जाते. तयार झालेला माल नाशिक जिल्ह्यासह साधारणपणे पाच जिल्ह्यांमध्ये पुरविला जातो. ऑर्डर प्रमाणे गुळाचे उत्पादन केले जाते. साधारणतः वर्षभरात ७५० मे.टन इतके गुळाचे उत्पादन घेतले जाते. नाशिक मधील मेट्रोमॉल यांना देखील गुळाचा पुरवठा केला जातो. नैसर्गिक पध्दतीने गुळाचे उत्पादन होत असल्याने मानवी शरिरासाठी आरोग्यदायक असा गुळ असल्याने गुळाची मागणी दिवसेंदिवस वाढतांना दिसत आहे. त्यासाठी सर्व संचालक, आधुनिक तंत्रज्ञानाबरोबर आधिकाधिक मार्केटींग यावर लक्ष देऊन गुळाचे उत्पादन वाढवित आहे. इत्यादी प्रकारची सर्व सविस्तर माहिती विद्यार्थीनींना देण्यात आली.

भेटीनंतर विद्यार्थीनींनी वनभोजन केले तसेच दारणेश्वर नदीवर नैसर्गिक रित्या अस्तीत्वात आलेल्या दारणेश्वर मंदिराला भेट देऊन तेथील नैसर्गिक परिस्थितीची पाहणी केली.या कार्यक्रमास एन.एस.एस अधिकारी डॉ.गोरखनाथ वाकळे व सहाय्यक अधिकारी डॉ.अविनाश भावसार, प्रा.प्रतिक्षा पाटील व ४० विद्यार्थीनी उपस्थित होत्या.

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प्र.डॉ. समीर तिवारे
प्रभासे प्राचार्य

ना.शि.प्र.मंडळाचे कै. बिंदू रामराव देशमुख
कला व वाणिज्य महिला महाविद्यालय,
साने मुसळी नगर, जेलरोड, नाशिकरोड

नाशिक शिक्षण प्रसारक मंडळाचे,

कै.बिंदू रामराव देशमुख कला व वाणिज्य आणि विज्ञान महिला महाविद्यालय, नाशिकरोड

राष्ट्रीय सेवा योजना दिवस कार्यक्रम अहवाल : २४/०९/२०२२


दिनांक २४/०९/२०२२ रोजी महाविद्यालयात राष्ट्रीय सेवा योजना दिवस साजरा करण्यात आला. या कार्यक्रमासाठी समाजसेविका मा.सौ.चैत्राताई हांडीगोल या प्रमुख वक्त्या म्हणून उपस्थित होत्या तर महाविद्यालयाचे प्राचार्य हे अध्यक्षस्थानी होते. कार्यक्रमाचे प्रास्ताविक व प्रमुख वक्त्यांचे स्वागत व परिवय कार्यक्रम अधिकारी प्रा.डॉ.गोरखनाथ वाकळे यांनी केले. मा.सौ.चैत्राताई हांडीगोल यांनी विद्यार्थीनींना मार्गदर्शन करतांना राष्ट्रीय सेवा योजनेचे ब्रीदवाक्य Not Me But You असे आहे कारण राष्ट्रीय सेवा योजनेचे स्वयंसेवक हे समाजासाठी नेहमी पुढाकाराने काम करीत असतात. आपल्या दैनंदिन आचाराणात समाजाप्रती कोणतेही काम करतांना काम छोटे अथवा मोठे याचा विचार न करता आपण सातत्याने काम करीत रहावे. यामध्ये समाजसेवा, आरोग्य, शिक्षण, महिलांच्या समस्या इत्यादी क्षेत्रात स्वयंसेवकांनी काम करावे. त्यासाठी त्यांनी उत्तर प्रदेशातील एका अशिक्षित व्यक्तीने ३५० एकरावर मोठ्या प्रमाणात वृक्ष लागवड करून शासनाची कोणत्याही प्रकारची मदत न घेता एक सामाजिक सेवेचे चांगले उदाहरण समाजाप्रती घालून दिले असे सांगितले.

मा.अध्यक्षांनी विद्यार्थीनींना आपण ज्या क्षेत्रात कार्य करतो त्या क्षेत्रात अधिकाधिक लोकांपर्यंत पोहचून कार्य करावे आणि समाजाप्रती आपल्या संवेदना जागृत ठेवाव्यात. कार्यक्रमासाठी राष्ट्रीय सेवा योजनेच्या बहुसंख्य विद्यार्थीनी उपस्थित होत्या.

कार्यक्रमाचे आभार कार्यक्रम अधिकारी डॉ.गोरखनाथ वाकळे यांनी मानले.

डॉ. गोरखनाथ वाकळे

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Report on Tree Plantation Program

NSS Department, Late Bindu Ramrao Deshmukh Arts, Commerce and Science Mahila Mahavidyalaya, Nashik road organised 'Tree Plantation Program' on 13/10/2023 at 03:00pm to 04:00 pm.

Dr. Bhaskar Narwate, Program Officer and Prof. Abhinav Khare inaugurated Tree Plantation Program with girls NSS unit. Dr. Sameer Limbare explained the importance of trees for the sec of humanity and universe. Both Principal and NSS Officer planted plants as well as took oath to take of the plants. Many students of NSS unit planted different kinds of plants around the college campus. Some girls were given the responsibility of watering every day.

The aim of the Program is to plant a total of 100 saplings on the college campus and nearby local areas. And finally we will fulfil our purpose.




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Report on 'Swachata Hi Seva'

Shramdan Program 'Swachata hi Seva' was organised by NSS Department, Late Bindu Ramrao Deshmukh Arts, Commerce and Science Mahila Mahavidyalaya, Nashik road on the occasion of Gandhi Jayanti on 01/10/2023 at 10 am to 12 pm.

Dr. Bhaskar Narwate, Program Officer welcomed to all NSS unit, the principal as well as the all teaching and non-teaching staff and shared the importance of 'Swachata Hi Seva-Shramadan Program'.

This program actually announced by PM Modi and guided by the circular of Higher Education Department of Maharashtra State to all educational institutions to do swachata near their houses or campus and give tribute to Mahatma Gandhi on the occasion of 'Gandhi Jayanti'.

Our 5 professors and 21 NSS students cleaned the college campus and the area in front of the college. By this way we give homage to our father of the nation Mr. M.K. Gandhi. Our principal Dr. Sameer Limbare offered tea and breakfast to all presented over and delivered valedictory speech on the importance of Shramdan.




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Report of 'Celebration of SavitribaiPhuleJayanti'

NSS Department of NSPM's Late BinduRamraoDeshmukh Arts, Commerce and Science MahilaMahavidyalaya, Nashik road Nashik celebrated **SavitribaiPhuleJayanti** on **03/01/2024** in college campus under the guidance of Incharge Principal Dr. Sameer Limbare.

Dr.MinalBarve was present as Chief guest and Key note speaker on the occasion. The introduction of the programme was given by Dr.BhaskarNarwate, NSS Program Officer of the college. Nearly 08 students expressed their views on the accomplishments of SavitribaiPhule.

Dr.MinalBarve, Head, Department of Hindi, in her speech focused on social and educational thoughts of SavitribaiPhule. She also guided the audience to carry on the mission of Savitribai. Dr. Sameer Limbare in his presidential speech asked the students to read the biography of SavitribaiPhule so as to understand the struggle faced by her throughout her life.

Around 54 students and 16 teaching and non-teaching staff members attended this programme. The program was compered and vote of thanks were offered by SYBA students.




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Report on 'Rally for Amrutkalash'

According to SavitribaiPhule Pune University and under guidance of central Government, New Delhi, NSS Department, Late Bindu Ramrao Deshmukh Arts, Commerce and Science Mahila Mahavidyalaya, Nashik road organised 'Amrutkalash Rally' on suggested and guided by SPPU and Central Government on 09/10/2023 at 03:00pm to 04:00 pm.

Under guidance of SPPU and Principal of LBRD Mahila Mahavidyalaya, Dr. Bhaskar Narwate, Program Officer, Prof. Abhinav Khare, Prof. Rohini Khemnar and Dr. Amlesh Bhongade arranged Rally for 'Amrutkalash' in the nearby area of college campus under the Program 'Meri Mati Mera Desh'. The aim of this rally was to introduce about the programme 'Amrutkalash'. Dr. Bhaskar Narwate instructed students and teachers for Rally.

Dr. Sameer Limbare, the in charge principal delivered short speech on the Meri Mati Mera Desh. Our college students took selfie with Amrutkalash. Prof. Rohini Khemnar presented vote of thanks.




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National Service Scheme

One Day District Level Value Education Workshop Report

National Service Scheme, Savitribai Phule Pune University, Pune and NBT Law College Nashik jointly conducted a 'One Day District Level Value Education Workshop on Value Education' on 22/12/2023. 24 students of National Service Scheme, Late Bindu Ramrao Deshmukh Arts, Commerce and Science Mahila Mahavidyalaya Nashik Road participated in this workshop. On the occasion of inauguration honorable Medha Patkar was present as a chief guest. She expressed her thoughts on value education as well as highlighted core issues like corruption in the country, problems of farmers and unemployment etc. Workshop was concluded by the in-charge principal of the college. Professor. Kadri sir under his chairmanship. Certificates were given to the students in the concluding program. NSS program officer Dr. Bhaskar Narwate and Prof. Yogendra Patil was felicitated with a sapling.




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Report on 'Millet Per Charcha'

An Informatics Talk was organised by NSS Department, Late Bindu Ramrao Deshmukh Arts, Commerce and Science Mahila Mahavidyalaya, Nashik road on 'Millet Per Charcha' on 15/09/2023 in the Gosavi Hall of the college under the guidance of Incharge Principal Dr. Sameer Limbare.

Dr. Bhaskar Narwate, Program Officer introduced and welcomed the Key Speaker Mr. Raju Chandratre and Mr. Nilesh Mahale, Founder of the program. With over thousands of program experience and having been delivered thousands of lectures. They introduced absolutely new dimensions for seeing towards Millet.

The introduction of the programme was given by Dr. Bhaskar Narwate, NSS Program Officer of the college. He said that the guidance talk was organised to provide the students with an opportunity to understand how to maintain their health by using natural things like Millet.

Mr. Raju Chandratre interacted with the students and guided them about various types of Millet and their benefits. He further gave opportunity to test products made by Millet like Bajara, Nagali, Jawar etc to the teachers as well as the students.

Dr. Amlesh Bhongade offered the vote of thanks and also Prof. Prakash Warkari and Prof. Abhinav Khare play an important role for the grant success of programme. Around 56 students attended this programme.



NSS Students enjoying Products made by Millet


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Report of 'Celebration of NSS Day'

NSS Department of Late Bindu Ramrao Deshmukh Arts, Commerce and Science Mahila Mahavidyalaya, Nashik road Nashik celebrated NSS Day on 25/09/2023 in the Gosavi Hall of the college under the guidance of Incharge Principal Dr. Sameer Limbare.

Mr. Y. S. Patil and Dr. J. B. Solunke, were present as Chief guest and Key note speaker respectively. The introduction of the programme was given by Dr. Bhaskar Narwate, NSS Program Officer of the college. He gave primary information about NSS and the programs which will be conducted in it throughout the year.

Mr. Patil, Director of Physical Education shared his own experiences of working in NSS unit. Also Dr. Solunke who gave all detailed information of NSS from the foundation of National Service Scheme to its development today.

Around 56 students attended this programme. Dr. Amlesh Bhongade offered the vote of thanks of this programme. The teaching and non-teaching staff actively attended the programme.



Dr. J. B. Solunke guiding the students



Students participated in the programme


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Report of Celebration of 'National Unity Day'

India is a secular country with diversified cultures and the significances in their own kind. As an endeavour to solidify the bond of oneness and unification, the country celebrated the Birth Anniversary of Sardar Vallabhai Patel on 31st October as Rashtriya Ekta Diwas (National Unity Day). In line with the celebrations countrywide, NSS Department of Late Bindu Ramrao Deshmukh Arts, Commerce and Science Mahila Mahavidyalaya, Nashik road Nashik following the mandate organized this program in the college campus under the guidance of Incharge Principal Dr. Sameer Limbare in order to extend their heartfelt appreciation about the life and the involvement of the great leader, Sardar Patel, in the veritable contribution during the freedom struggle and to lay a foundation of a unified country fused with oneness. The idea was to infuse in the young future generation with values integrated with the knowledge and adoration about the country's rich heritage.

The introduction of the programme was given by Dr. Bhaskar Narwate, NSS Program Officer of the college. He mentioned throughout information of Sardar Patel and his greatest work for maintaining unity of the nation. Prof. Yogendra Patil, Director of Physical Education shared his deep knowledge and reading about Patel. Around 22 students attended this programme. Dr. Amlesh Bhongade offered the vote of thanks of this programme. The teaching and non-teaching staff actively attended the programme.




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LBRD Mahila Mahavidyalaya Nashik pays tribute to


Dr. B.R. Ambedkar on Death Anniversary

Dr. Bhimrao Ramji Ambedkar had died on 6th December 1956 that's why Dr. Ambedkar Mahaparinirvan Din or their death anniversary is observed every year on 6th December all over India to pay him a lot of tribute and honor. He is called "The Father of the Indian Constitution". The people of India pay him tribute by offering flowers, garlands, ceremonial lamps, candles, and literature at his elegantly decorated statue.

Dept. of NSS, Late Bindu Ramrao Deshmukh Arts, Commerce and Science Mahila Mahavidyalaya, Nashik Road celebrated Mahaparinirvan Din on 06/12/2023. Dr. Bhaskar Narwate coordinated the programme.

Mr. Sanjay Kirtane was the key speaker of this programme, introduced the different dimensions of the huge knowledge of Dr. Ambedkar. Dr. Bhaskar Narwate delivered speech on the educational development of Dr. Ambedkar. Dr. Sameer Limbare, In-charge principal, was the president of the programme, motivated students and teachers to read precious writing of Dr. B. R. Ambedkar. Prof. Abhinav Khare proposed the vote of thanks of the programme. Teachers, non-teaching staff and students in large number participated in this programme.




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Report on 'Ganesh MurtiSankalan Program'

NSS Department, Late Bindu Ramrao Deshmukh Arts, Commerce and Science Mahila Mahavidyalaya, Nashik road organised 'Ganesh MurtiSankalan Program' on the occasion of Anant Chaturdashi on 28/09/2023 at 11:00am to 03:00 pm.

Dr. Bhaskar Narwate, Program Officer welcomed to all NSS unit, the all teaching and non-teaching staff who are presented on Godavari Ghat at Dasak, Nashik and shared views on the importance of responsibilities of 'Good Citizen'. NSS students and the teaching and non-teaching staff was instructed what kind of work should be done.

Our college students collected thousands of Ganesh idols and strictly instructs to the people. Local News Channelle 'Uttar Maharashtra News' had taken special interview of our program officer Dr. Bhaskar Narwate and some of our student. Municipal Corporation Nashik Program officer and PSI Mr. Shewale Specially appreciate our students work and our Program too.




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Report of 'Camp on Pradhan Mantri PikBima Yojana'

NSS Department of Late Bindu Ramrao Deshmukh Arts, Commerce and Science Mahila Mahavidyalaya, Nashik road Nashik arranged special program for farmers in village. This camp had conducted at Grampanchayat's Hanuman Mandir, Jakhori at 10:30 am. On this occasion form of many farmers in Jakhori had been filled.

This program was inspired by Nashik Shikshan Prasarak Mandal's executive chairman Mr. Rajendra Kalal and secretary Ashwinkumar Yeola. Under guidance of incharge principal Mr. Dr. Sameer Limbare, the above program had been conducted.

Planning and organizing of the program done by NSS program officer Dr. Bhaskar Narwat with the help of Dr. Deepa Holkar Prof. Abhinav Khare and Mr. Subhash Shinde


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Report on 'Celebration of Amrutkalash Program'

According to Savitribai Phule Pune University and under guidance of central Government, New Delhi, NSS Department, Late Bindu Ramrao Deshmukh Arts, Commerce and Science Mahila Mahavidyalaya, Nashik road organised 'Amrutkalash Program' on suggested and guided by SPPU and Central Government on 09/10/2023 at 03:00pm to 04:00 pm.

Under guidance of SPPU and Principal of LBRD Mahila Mahavidyalaya, Dr. Bhaskar Narwate, Program Officer stated importance of Amrutkalash of Meri Mati Mera Desh. He gave instructions and procedure of the program. Dr. Sameer Limbare, the incharge principal delivered short speech on the Meri Mati Mera Desh. Our college students took selfie with Amrutkalash.

With the special presence of Dr. Patil, Dr. Amlesh Bhongade, Prof. Abhinav Khare, Mr. Sanjay Kirtane and Miss. Jadhav Madam, the program of 'Amrutkalash' successfully ends with the great presence of students, teaching and non teaching staff.




IQAC COORDINATOR
NSSM's Late Bindu Ramrao Deshmukh
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INCHARGE PRINCIPAL
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