

## TELEMEDIA (ELECTRONIC MEDIA) NEWS REPORTER WORKSHOP

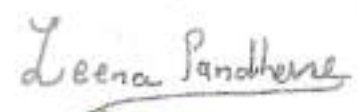
Nashik Shikshan Prasarak Mandals, Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidhyalaya, Nashik Road in collaboration with Savitribai Phule Pune University Pune Student Development Board Organized Telemedia (Electronic Media) News Reporter Workshop on 7th Feb.2020. The convener of the program Prof. Dr. Lata Pawar introduced the program. He said that the workshop was organized to make the youth aware of the growing importance and need of the media and the need to acquire various linguistic skills to prove themselves. After that Dr. Hari Vinayak Kulkarni expressed his thoughts. He told the history of radio, the need for radio, the memorable activities that were broadcast on the radio during that period. Today, due to the internet, so many different fast-paced media have become available. Yet radio retains its importance. He said that out of the total number of radio stations in the country and abroad, how many are private and how many are government, Vishwas Radio Nashik is a community radio. The uniqueness of community radio is that now that it has increased its frequency, it can be heard in the country and abroad.

The next speaker was Aparna Kshemakalyani. All India Radio Nashik. Aparna Kshemakalyani explained the uniqueness and criteria of respect for a news reporter as a government media. The language skills required to become a news reporter or radio jockey are explained with examples, given the importance of situational news, even when giving voice acting news. If you want to do an interview or a discussion for the radio, you have to spend half an hour on what and how to do it. He explained how to express emotions through voice. For this, fluency in language, fluent speaking, listening to various programs and increasing cognition are very important. At the same time, while preparing any subject, it is very important to know the background behind socio-cultural historical events, to read it continuously, she mentioned the names of well-known reporters. For example, Sudha Narwane, Ravi Kumar, Nikhil Wagle, etc., how to control one's emotions. The students' doubts were then answered. Lunch was served from 1.30 pm to 2.00 pm.

Dr. Dhananjay Deshmukh, Senior Cameraman, Yashwantrao Chavan, Maharashtra Open University, Nashik, explained how to use the camera as per the news. He explained how the cameraman delivers the news online. Explained how the camera creates images, long short close up and the meaning behind it. Also

  
**IQAC Coordinator**

NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101

  
**PRINCIPAL**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101

what exactly do you want to show? Why show it? How to show? The idea in your head should be clear. When the news is being aired on television, the picture should be clear as to which scene is to be shown exactly as the shooter is a news writer and the editor is a third, so you want to capture exactly what you are shooting. Some of the clues in the film say that they have to decide which scene to show from a distance and which scene to show from near. Everyone was given tea at four o'clock


The fifth lecture was delivered by Mr. Yogesh Kamod, Director, Editor, Vedha News. Sorting the news according to which of the news they prefer. Criteria for selection of news Criteria for selecting news. Time for reporting The format of the advertisement helps the media for financial independence. The time required for timely delivery of news Given. After this Mr. Sameer Rahane, Editor Vedha News Nashik gave a lecture. He explained what editing software is available in the market for how to remove the unwanted part of the recorded news. Editing the filming and sorting them out, telling them how to make adjustments with the news in time.

Dr. Hari Vinayak Kulkarni, Director, Vishwas Radio Station was present on the occasion. Dr. Leena Pandhare, Principal, Mr. Vinod Nirbhavane, Officer, Student Development Board, Prof. Dr. Lata Pawar was the convener of the program.



**PRINCIPAL**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road Nashik Road 422 101

  
विद्यार्थी विकास अधिकारी  
ना.शि.प्र.मंडळाचे कै. बिंदू रामराव देशमुख  
कला व वाणिज्य महिला महाविद्यालय,  
सांगे गुरुजी नगर, जेलरोड, नाशिकरोड.

  
**IQAC Coordinator**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Nashik Road-422 101





Dr. Hari Vinayak Kulkarni, Director, Vishwas Radio, Nashik expressed his thoughts.



Mr. Yogesh Kamod, Director, Editor, Vedha News. Mr. Sameer Rahane, Editor with his staff, Participated Students and College Teacher.

*Late Bindu Ramrao*  
PRINCIPAL

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road Nashik Road 422 10\*

*Yogesh Kamod*  
विद्यार्थी विकास अधिकारी  
वि.प्र. संस्थान के, विदु. समराज देशमुख  
महाराष्ट्र शासकीय महिला महाविद्यालय,  
रा. वि. कुमारी नगर, जेलरोड, नाशिक-४२२१०१

*Sameer Rahane*  
IQAC Coordinator

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101

## ORGAN DONATION AWARENESS PROGRAM

Nashik Shikshan Prasarak Mandals, Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidhyalaya, Nashik Road, under the Student Development Board organized organ donation awareness program on 13/12/2019. at the college from 12 noon to 2 pm. Dr. Abhishek Pimpralekar of Sahyadri Hospital, Nashik said that organ donation to the students, Professors and staff of the college can save the lives of many people and organ donation is the best donation. He added that the consent of relatives and family members is required for organ donation of branded persons. The Green Corridor said organs could be sent from one place to another and transplanted. Students and professors asked many questions about organ donation and Dr. Pimpralekar answered them.

The principal of the college, Hon. Dr. Leena Pandhare Explained the importance of body donation. The program was organized and conducted by Prof. Vinod Nirbhavane., Dr. Rashmi Gehlot from Sahyadri Hospital Nashik, Prof. Dr. Sameer Limbare, all the students, professors and staff of the college were present in large numbers. All the professors and non-teaching staff of the college took oath of organ donation. Prof. Yogendra Patil thanked the chief guest, students, and all the teachers and non-teaching staff.



Dr. Abhishek Pimpralekar giving information about organ donation to the students,

*[Signature]*

**IQAC Coordinator**  
NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101

*[Signature]*

**PRINCIPAL**  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101





Asking Dr. Abhishek Pimpralekar about student and teacher organ donation

*Zeena Pandey*

**PRINCIPAL**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road Nashik Road - 422 101

*पं.*  
विद्यार्थी विकास अधिकारी  
ना.शि.प्र.मंडळचे कें. विंदू रामराव देशमुख  
कला व वाणिज्य महिला महाविद्यालय,  
सामे गुरुजी नगर, जेलरोड, नाशिकरोड.

*Dr. Abhishek Pimpralekar*

**IQAC Coordinator**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101

Nashik Shikshan Prasarak Mandal's

Late Bindu Ramrao Deshmukh Arts & Commerce Mahila Mahavidyalaya, Nashik  
Road

**FIT INDIA MOVEMENT REPORT: 29/08/2019**

On the occasion of National Sports Day the India's Prime Minister Hon. Shri Narendra Modi has declared the "Fit India Movement" campaign for under graduate & post graduate students. In our college the pledge about "Fit India Movement" given to the students and teachers in Students' Induction Programme organized in the college. In this programme Hon. Prime Minister Mr. Narendra Modi's speech has been live telecast. In this speech the Prime Minister told about the importance of fitness and to improve the efficiency. Remaining students has taken the pledge at the time of prayer and then students and teachers went to walk. College to shikharewadi (Approx. 02 km) and round of 2 km on the Shikharewadi ground. More than 10000 steps walked by the students and teachers. After coming in the college the video clip of Fit India Movement guided by Hon. Prime Minister has been shown to the students its inspire for the fitness into daily routine. On this occasion the discussion conducted on yoga exercise, physical activities for fitness.

For the success of the programme incharge Principal Dr. Minal Barve has guided the students. This programme was conducted under student's development board and sports department. All the teachers participated in this movement.



Students and Teachers Participated in Fit India Movement Rally round of 2 km on the Shikharewadi ground, Nashik Road

*[Signature]*

**IQAC Coordinator**

NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101

*[Signature]*

**PRINCIPAL**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101



Students and Teachers Participated in Fit India Movement

*Leena Dhanu*  
**PRINCIPAL**

N.S.P.M's Late Bindu Ramrao Deshmukh  
 Arts & Commerce Mahila Mahavidyalaya  
 Jail Road Nashik Road - 422 101

*[Signature]*  
 शिक्षार्थी विकास अधिकारी  
 ना.वि.प्र.मंदाजधे के. बिंदू रामराव देशमुख  
 वरदा व दाणिक्य महिला महाविद्यालय,  
 साने गुरुजी नगर, जेलरोड, नाशिकरोड.

*[Signature]*  
**IQAC Coordinator**  
 NSPM's Late Bindu Ramrao Deshmukh  
 Arts & Commerce Mahila Mahavidyalaya,  
 Nashik Road-422 101



## NEW ENTREPRENEUR COMPETITION

Nashik Shikshan Prasarak Mandal, Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidhyalaya, Nashik Road and Savitribai Phule Pune University Pune, Student Development Board jointly organized "District Level New Entrepreneur Or Me Udyojak" Workshop on 29/02/2020.

Entrepreneur Mr. Pranay Salve was the chief guest. He informed the educational institutes that provide training and education to the students for Startup the industry. He spoke about the capital required for the industry as well as the market and startup industries and how opportunities are created in the service sector through the Internet. Kumari Naik Bhagyashree Dhananjay, Chavan Mayuri Bhaurao and Tungar Chaitali Bapu bagged the first, second and third places respectively.

The first prize of the competition was Rs. 1000 in cash and a certificate and trophy. The second winner was given Rs.700 cash and certificate, while the third winner was given Rs.500 cash and certificate. A total of seven students participated in the competition. Principal Dr. Leena Pandhare guided the contestants. The competition was organized by Prof. Bhaskar Narwate, Head, of Commerce Department.



Entrepreneur Mr. Pranay Salve was the chief guest guided the contestants.

*[Signature]*

**IQAC Coordinator**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101

*[Signature]*

**PRINCIPAL**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101





Entrepreneur Mr. Pranay Salve was the chief guest and he guided the contestants

*Zeera Pandhan*

PRINCIPAL

N.S.F.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road - 422 101

*2/12*  
विद्यार्थी विकास अधिकारी  
ना.शि.प्र.मंडळाचे कै. विंदू रामराव देशमुख  
कला व वाणिज्य महिला महाविद्यालय,  
राजे गुरुजी नगर, जेलरोड, नाशिकरोड.

*12/12/20*  
IQAC Coordinator

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Nashik Road-422 101


Nashik Shikshan Prasarak Mandal's

Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya, Nashik Road

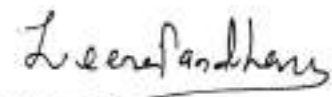
**World Tobacco Free Day Report**

On 4<sup>th</sup> June 2019 the college took oath of Tobacco Free Day in the presence of students, teaching and non teaching staff. The oath was self explanatory that tobacco should be avoided and not to get addicted to it. On this occasion Principal Dr. Leena Pandhare said that students should not only be away from tobacco but also check that their friends, relatives and colleagues who are engrossed in tobacco to make them free from tobacco addiction.

She also added that instead of getting addicted to tobacco students should get addiction of reading good and knowledgeable books. She said that addiction of mobile and related games which are harmful should also be avoided. The program was coordinated by Dr. Sameer Limbare and presided by Principal Dr. Leena Pandhare. The teaching and non teaching staff's assistance was significant.



Dr. Sameer Limbare  
Coordinator, NSS



Dr. Leena Pandhare

Principal  
**PRINCIPAL**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road Nashik Road - 422 101



**IQAC Coordinator**  
NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101



**PRINCIPAL**  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101





Nashik Shikshan Prasarak Mandal's

**Late. Bindu Ramrao Deshmukh Arts & Commerce  
Mahila Mahavidyalaya**

Sane Guruji Nagar, Nashik Road, Nashik -422101

**National Service Scheme  
International Yoga Day : 21<sup>st</sup> June 2019**

On 21<sup>st</sup> June 2019 the college celebrated International Yoga Day by conducting various asanaas and importance of yoga for mental and physical health. The programme was conducted under National Service Scheme. The guidance of all asanaas was given by Prof. Yogendra Patil, Yog Teacher, Nashik. Prof. Patil also told students that yoga not only helps to overcome your health issues but also reduces stress. He further told that the control on inhalation and exhalation (Shwasan) has a positive impact on health of the individual.

The programme was coordinated by Dr. Sameer Limbare and guided by Principal Dr. Leena Pandhare. The programme was attended by teaching and non teaching staff

Dr. Sameer Limbare

Dr. Leena Pandhare

**PRINCIPAL**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road Nashik Road -422 101

**IQAC Coordinator**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Nashik Road-422 101

**PRINCIPAL**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101


Nashik Shikshan Prasarak Mandal's

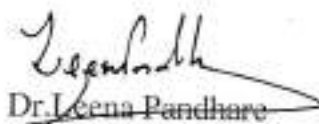
Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya, Nashik Road

**Chatrapati Shahu Maharaj Jayanti Report : 26<sup>th</sup> June, 2019**

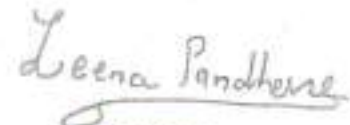
The college on 26<sup>th</sup> June, 2019 celebrated birth anniversary Chatrapati Shahu Maharaj. The programme was attended by the students of FYBA & FYBCOM. Hon. Principal Chairman of the function garlanded the photo of Shahu Maharaj and told the audience that the king was not only a great king but also a visionary educationalist who from time to time supported educational scholarships and built various hostels for residence of students. He was a staunch supporter for education and education policies and promoted it in various villages of Kolhapur. He also gave scholarship to Dr.B.R.Ambedkar for higher education. It was Dr.Ambedkar who wrote from England to Shahu Maharaj giving birthday wishes.

The teaching and non teaching staff also paid homage to Chatrapati Shahu Maharaj. The programme was organized by Dr. Sameer Limbare, Coordinator, NSS and compared by Dr.Jivan Solunke and supported by NSS member Dr.Minal Barve.

  
Dr. Sameer Limbare  
Coordinator, NSS

  
Dr. Leena Pandhare  
**PRINCIPAL**  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road - 422 101

  
**IQAC Coordinator**  
NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101

  
**PRINCIPAL**  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101




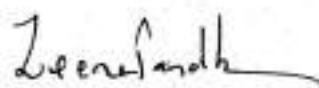
Nashik Shikshan Prasarak Mandal's  
Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya,  
Nashik Road

**National Service Scheme**  
**Lokshahir Annabhau Sathe Birth Anniversary**

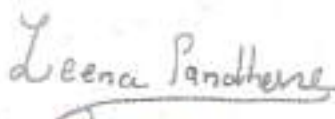
The college on 1<sup>st</sup> August, 2019 celebrated the birth anniversary of Lokshahir Annabhau Sathe and paid homage to Lokmanya Tilak. The chief guest Dr. Lata Pawar shed light on the literary work and life of Annabhau Sathe. He used povade and lavani for the upliftment of Dalit's. He also contributed in movies, travel experiences, stories, plays and gavlan. In the initial days he was also a member of Lal Bawta's cultural section. His contribution was significant through his publication of various novels.

Dr. Lata Pawar also signified the work of Lokmanya Tilak. The programme was chaired by Dr. Leena Pandhare. The Programme was coordinated by Dr. Sameer Limbare and Dr. Jivan Solunke. Kum. Swati Zade and Kum. Geeta Sahane expressed their view on this occasion. Vote of thanks was given by Dr. Minal Barve.

  
Dr. Sameer Limbare  
Coordinator

  
Dr. Leena Pandhare  
**PRINCIPAL**  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road Nashik Road 422 101

  
**IQAC Coordinator**  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101


  
**PRINCIPAL**  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101

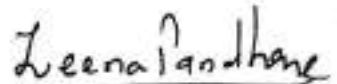
Nashik Shikshan Prasarak Mandal's

**Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya,  
Nashik Road**

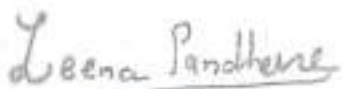
**Report of Pledge for Non Addiction of Tobacco: 11/07/2019**

On 9<sup>th</sup> July, 2019 the college gave a pledge to students of all B.A & B.Com students for non addiction of Tobacco. All the students took the pledge along the teaching and non teaching staff. The pledge was conducted in collaboration with Akhil Bhartiya Vidhyarthi Parishad, Nashik. Shri. Durgesh Kenge District Coordinator of Akhil Bhartiya Vidhyarthi Parishad appealed to students to be away from tobacco and its harmful effects. The introduction of the program was given by Dr. Sameer Limbare & Principal Dr. Leena Pandhare stressed on the harmful effects of tobacco on health and its indirect effects on family and friends. The program was supported by Dr. Jivan Solunke, Prof. Yogendra Patil, Prof. Smita Malve and the non teaching staff.

  
Dr. S. J. Limbare  
(NSS, Coordinator)

  
**PRINCIPAL**  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road Nashik Road 422 101

  
**IQAC Coordinator**  
NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101

  
**PRINCIPAL**  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101




**Nashik Shikshan Prasarak Mandal's**

**Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya,  
Nashik Road**

**Lokmanya Tilak's Birth Anniversary**

Nashik Shikshan Prasarak Mandal's Late Bindu Ramrao Deshmukh Mahila Mahavidyalaya, Nashik Road paid homage to Lokmanya Balgangadhar Tilak on 23<sup>rd</sup> of July. The introduction the programme was done by Dr. Sameer Limbare in he said that Lokmanya Tilak were a strong supporter of Nationalism but spread it through the newspaper they started.

The programme began with garlanding the photo of Lokmanya Tilak by Principal Dr. Leena Pandhare. She said that in 1892 when Swami Vivekanand and Lokmanya Tilak met and came to know that their line of thinking was same i.e. Nationalism. She profounded that Lokmanya Tilak encouraged the values embedded in Mahabharata & Ramayana. Lokmanya also spread tradition and nationalism through beginning Ganeshotsav & Shiv Jayanti. He also started two newspapers Kesari in Marathi and Maratha in English. Lokmanya were also founder member of Deccan education society, Pune of which Fergusson College is a renowned Institute in Pune. In her chairmans speech she insisted students to read the biography of Lokmanya Tilak. The programmes comparing was done by Sendhya Kanojiya and vote of thanks by Priyanka Aher. Ashreen Khan, Prajakta Jagtap and Akshada Kokane empresseed their opinion and feelings on Lokmanya Tilak in the programme.

  
Dr. Sameer Limbare

Coordinator

  
Dr. Leena Pandhare

Principal  
PRINCIPAL

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road Nashik Road - 422 101

  
PRINCIPAL

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101

  
IQAC Coordinator  
NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Nashik Road-422 101

**LBRD Arts and Commerce Mahila Mahavidyalaya, Nashik Road**

**National Service Scheme**

**Celebration of Krantidin**

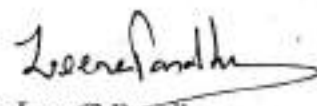
The NSS unit of the college paid homage to the sacrifices of the freedom fighters. The programme was chaired by the Principal Hon.Dr Leena Pandhare. In her speech she said that on 9<sup>th</sup> August, 1942 Mahatma Gandhi gave a slogan Quit India and we got the freedom after treacherous efforts taken by immense freedom fighters. India got freedom but today's students would be thinking what is their duty in the post freedom period. In such case it is the duty and responsibility of students and young generation to participate in cleaning drive, service to the poor, patient and elderly people and doing good academic performance during their education period.

The introduction of the programme was given by Dr.Sameer Limbare. In his introduction he said that freedom fighter like Bhagat Singh, Rajguru, Chandrashekhar Azad, Lala Lajpat Rai, Queen of Jhansi, Chaphalkar brothers and many more. Their sacrifice should not go in vain and therefore students should become vigilant citizens so that the country can be proud of them.

The vote of thanks was given by Dr.Jeevan Solunke and compering by Dr.Minal Barve. All the students of the college attended the programme.

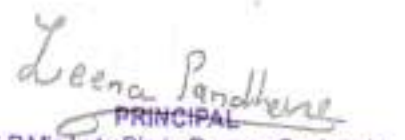
  
Dr.Sameer Limbare

NSS Programme Officer

  
Dr.Leena Pandhare  
**PRINCIPAL**

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road - 422 101

  
**IQAC Coordinator**  
NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101

  
**PRINCIPAL**  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101



Nashik Shikshan Prasarak Mandal's  
Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya,  
Nashik Road

**National Service Scheme**  
**Plantation conducted at Jakhori Village**

Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya's NSS unit conducted Plantation Programme on 2<sup>nd</sup> August, 2019 at Jakhori village 10 km from Nashik Road. The place of plantation was 2km away from the village over a hill. 50 saplings were planted by students and the teachers of the college. Dr. Sameer Limbare, coordinator of NSS arranged the plantation with the cooperation and support of Sunita Kalamkar, Shri. Vishwas Kalamkar, Shri. Prakash Pagar, Shri. Dhatriak and Shri. Ambadas Kalamkar. 16 students of the college participated in the programme.

The students not only did the plantation but also conducted cleanliness drive over and near hill.

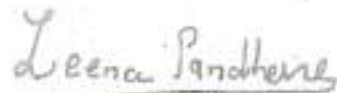


Dr. Sameer Limbare  
Coordinator

Dr. Leena Pandhare



**IQAC Coordinator**  
NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101



**PRINCIPAL**  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101

कै. बिंदू रामराव देशमुख कला व वाणिज्य महिला महाविद्यालय, नाशिकरोड

राष्ट्रीय सेवा योजना : रक्षाबंधन कार्यक्रम अहवाल : २०१९-२०२०

राष्ट्रीय सेवा योजनेच्या विद्यार्थीनींकडून उपनगर पोलिस स्टेशन मध्ये रक्षाबंधन साजरी

रक्षाबंधन हे भाऊ आणि बहिणीचे अतुट नात्यांचे व भावाने बहिणीच्या सुरक्षेची काळजी घ्यावी हे सांगणारा हा सण असतो. जशी भावाची जबाबदारी असते त्याच बरोबर समाजातील असे काही घटक आहेत ज्यांना नात्यांची गरज भासत नाही पण तरी ते दिवस - रात्र, सुट्टी, सण न पाहता समाजातील असंख्य बहिणी व माता यांच्या सुरक्षेसाठी तत्पर असतात. ते म्हणजे पोलिस अधिकारी व कर्मचारी.

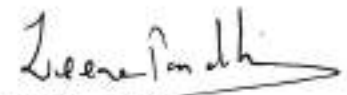
कै. बिंदू रामराव देशमुख कला व वाणिज्य महिला महाविद्यालयातील राष्ट्रीय सेवा योजनेच्या विद्यार्थीनी यांनी दिनांक १४ ऑगस्ट, २०१९ स्वातंत्र्य दिनाच्या पूर्वसंध्येला उपनगर पोलिस स्टेशन येथील पोलिस अधिकारी व कर्मचाऱ्यांना राखी बांधून व पेढा भरवून रक्षाबंधन साजरा केला. यावेळी नाशिक पोलिस आयुक्त सो. मा. श्री. विश्वास नागरे पाटील, सहाय्यक पोलिस आयुक्त मा. श्री. वसावे सो. वरिष्ठ पोलिस अधिक्षक मा. श्री. भरत कुमार सूर्यवंशी, सहाय्यक पोलिस निरीक्षक मा. श्री. ए. डी. परदेशी सो. पोलिस उपनिरीक्षक मा. श्री. एस. बी. खडके सो. मा. श्री. जगदाळे सो. व मा. श्री. जी. एन. जाधव सो. व सर्व पोलिस कर्मचारी उपस्थित होते. राष्ट्रीय सेवा योजना ही विद्यार्थीनींमध्ये सामाजिक संवेदनशीलता वाढविण्यासाठी व सेवा भावना प्रवृत्त करण्यासाठी सतत प्रयत्नशील असते. दरवर्षी होणारे रक्षाबंधनाची परंपरा याही वर्षी पोलिस स्टेशन मध्ये करवून महाविद्यालयाने संबंध जोपासले आहे.

कार्यक्रमाचे सूत्रसंचालन प्रा. डॉ. जीवन सोळंके यांनी केले तर आभार प्रा. योगेंद्र पाटील यांनी मानले. कार्यक्रमाचे आयोजन राष्ट्रीय सेवा योजना अधिकारी प्रा. डॉ. समीर लिंबारे यांनी केले. महाविद्यालयाच्या प्राचार्या डॉ. लीना पांडरे यांनी केलेले मार्गदर्शन व मा. श्री. भरत कुमार सूर्यवंशी सो. यांनी दिलेल्या अनुमतीमुळे हा कार्यक्रम यशस्वी झाला.



डॉ. समीर लिंबारे

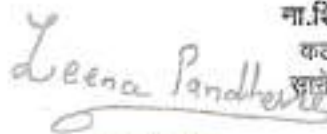
समन्वयक



डॉ. लीना पांडरे

प्राचार्या  
प्राचार्या

ना.शि.प्र.मंडळाचे कै. बिंदू रामराव देशमुख  
कला व वाणिज्य महिला महाविद्यालय,  
झाडे गुरुजी नगर, जेलरोड, नाशिकरोड.



PRINCIPAL

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101



IQAC Coordinator

NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101



Nashik Shikshan Prasarak Mandal's  
**Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya,**  
**Nashik Road**

**National Service Scheme**

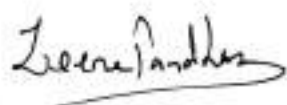
**Report of Lecture on Balanced Diet & Obesity: 07/09/2019**

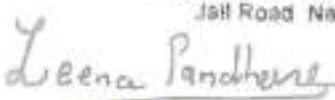
NSS unit of our college on 7<sup>th</sup> September 2019 organized a lecture on balanced diet and obesity by Dr. Shalaka Shinde. The programme began with the introduction and welcome of Dr. Shalaka Shinde. The objective of the programme were shared by Dr. Sameer Limbare. Dr. Shinde during her lecture explained the importance of six tastes of food that are Sweet, Ambat, Sour, Turat and Spicy. She told the importance of above six tastes in our daily food and digestion. She suggested students' to take natural sweetness in food instead of direct intake of white sugar for eg. Sendriya Gul and Kakvi. Lemon and Amsul should be used in regular diet. Maithi and Karle should be used as vegetables. She also told students' to sit and eat food instead of standing. Local grains available in the perimeter of 100km are more vital for our body than the grains from other states. Kartoli and Suran increase calcium in body and make our bones stronger. Dink and Nagli are also good for health. At last she told students' to avoid tea and between two meals there should be sufficient gap for digestion.

The chairman speech was given by Prof. Bhaskar Narwate. The comparing was done by Sanjana Shinde. Introduction of guest was done by Shruti Bhise. Welcome by Prof. Smita Malve, vote of thanks by Akanksha Lahane. At the end the students' shared their personal health problems with Dr. Shalaka Shinde and she answered all their queries.

  
**Dr. Sameer Limbare**  
 Coordinator

  
**IQAC Coordinator**  
 NSPM's Late Bindu Ramrao Deshmukh  
 Arts & Commerce Mahila Mahavidyalaya  
 Nashik Road-422 101

  
**Dr. Leena Pandhare**  
**PRINCIPAL**  
 N.S.P.M's Late Bindu Ramrao Deshmukh  
 Arts & Commerce Mahila Mahavidyalaya  
 Jail Road Nashik Road 422 101

  
**PRINCIPAL**  
 N.S.P.M's Late Bindu Ramrao Deshmukh  
 Arts & Commerce Mahila Mahavidyalaya  
 Jail Road, Nashik Road-422101

Nashik Shikshan Prasarak Mandal's

**Late Bindu Ramrao Deshmukh Arts and Commerce Mahila Mahavidyalaya,  
Nashik Road**


**Celebration of Balika Din 24/01/2020: Save girl child and Educate girl child.**

**In collaboration with National Service Scheme**

**Savitribai Phule Pune University Pune**

On the occasion of National Balika Din on 24<sup>th</sup> January, 2020 the dept of NSS organised a lecture on Women Empowerment. The lecture was delivered by Principal Hon.Dr.Leena Pandhare. She advised students to be economically independent. Girls should be technosavy to face and solve the problems. They should never look for excuses while facing challenges in their life. Hon.Principal also added that India has still the problem of infanticide which is severe in some states. In the concluding remarks she said that even if the literacy rate is 69.1% in India but still it is not able to reduce infanticide and to increase the sex ratio of women compared to men in India.

The introduction of the programme was given by Dr.Sameer Limbare,NSS coordinator. All the students and teaching staff was present for the program. The programme was supported by the non teaching staff.

  
**Dr.Sameer Limbare**  
NSS Coordinator

  
**Dr. Leena Pandhare**  
PRINCIPAL  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101

  
**IQAC Coordinator**  
NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Nashik Road-422 101

  
**PRINCIPAL**  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101





Nashik Shikshan Prasarak Mandal, Nashik

# **Late.Bindu Ramrao Deshmukh, Arts & Commerce Mahila Mahavidyalaya**

Sane Guruji Nagar, Nashik Road, Nashik -422101

url:<http://nspm.mahilacollege.in>, email:[nspmacmm@yahoo.co.in](mailto:nspmacmm@yahoo.co.in), Tel.:0253-2465967

(ID.No.PU/NS/AC/54/1998)

**Dr.Leena Pandhare**


**6<sup>th</sup> December 2019 : Dr. Babasaheb Ambedkar Mahaparinirvan Din**

## **Program Report**

The NSS and Student Development Council organised a lecture on Dr. Babasaheb Ambedkar – A Social Perspective on the occasion of 6<sup>th</sup> December 2019 as the Mahaparinirvan Day. The programme began with paying homage and respect to Dr. Babasaheb Ambedkar. The introduction of the guest Hon.Dr.Mahadeo Kamble, HOD, Marathi Dept, K.V.N Naik Arts and Commerce College, Dindori, Tal Dist.Nashik was given by NSS Programme Officer Dr.Sameer Limbare. In the lecture Dr.Mahadev Kamble said that Dr.Ambedkar has various facets to his personality vis, Educationalist, Philosopher, Administrator, Socialist, Lawyer and so on. He studied various languages including Sanskrit and Persian in order analysis the religious structure in India. He was the first to say that if the farmer is happy then only the country can prosper and develop. He even talked about family planning in India and even tried passing a bill on it. Adult voting has been initiated by Dr. Ambedkar. He also said that Dr. Ambedkar believed that a person should be dynamic in his thinking instead of being rigid.

Dr.Leena Pandhare in the chairperson speech said the Dr.Ambedkar was true educationalist and staunch supporter of women education. Equality in male and female rights should be attained for the overall development of nation.

The vote of thanks was given by Dr. Sameer Limbare. All the NSS students, teaching and non teaching staff were present during the programme. The comparing was done by Dr.V.K.Nirbhavane.

  
Dr.Sameer J Limbare  
Coordinator

  
Dr. Leena Pandhare  
Principal

  
Dr. Leena Pandhare  
Principal

**PRINCIPAL** N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road -422101

**IQAC Coordinator**  
NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Nashik Road-422 101



Nashik Shikshan Prasarak Mandal, Nashik

## Late.Bindu Ramrao Deshmukh, Arts & Commerce Mahila Mahavidyalaya

Sane Guruji Nagar, Nashik Road, Nashik -422101

url:<http://nspm.mahilacollege.in>, email:[nspmammm@yahoo.co.in](mailto:nspmammm@yahoo.co.in), Tel.:0253-2465967

(ID.No.PU/NS/AC/54/1998)

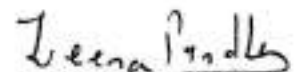
*Dr.Leena Pandhare*

### National Service Scheme

#### Aids Awareness Rally in Nashik Road : 07/12/2019


The NSS unit in collaboration with Nashik Municipal Corporation organized a rally on Aids Awareness at Nashik Road. The students gathered early in the morning at the entrance of Regional Office, Nashik Municipal Corporation Nashik Road. The rally was flag offed by Hon. Amdar Saroj Ahire, Sabhapati, Vishal Sangamner, Nagarsevak Prashant Bhau Dive, Medical Officer Shri Ravate. The rally began from regional office – Satkar Chowk – Subhash Road – Nashik Road Bus Stand – Chatrapati Shivaji Maharaj Statue Bytco Chowk and returning back to Regional Office. 50 students of NSS participated in the rally along with programme officer Dr.Sameer Limbare. The students gave various slogans like ' Don't Lose your Life, Stay away from HIV Prevention is better than Cure especially when something has no CURE and so on. The rally was supported by Shri.Sandeep Chavan, Counsellor of Health Dept, Nashik Municipal Corporation and encouraged by Principal Dr.Leena Pandhare and all the teaching and on non teaching staff.

  
Dr.Sameer Limbare  
Coordinator

  
Dr.Leena Pandhare  
PRINCIPAL

N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road Nashik Road 422 101

  
IQAC Coordinator  
NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Nashik Road-422 101

  
PRINCIPAL  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101



**Department of NSS**

**Women's Day Celebration Report**

NSS and department of Economics jointly organized a lecture on 'Budget from Women's Perspective' on 7<sup>th</sup> March, 2020. The lecture was delivered by Hon. Shri Anilji Dahiya C.A and Treasurer of Nashik Shikshan Prasarak Mandal, Nashik. He explained the budget to students in very simple way. Initially he told that how One Rupee income is earned and its various sources. Further he told the expenditure of the One Rupee. In expenditure he told that we spend 18 paise on interest and 20 paise on share excise duty. Then he concentrated on provisions done for women in India and told that thirty five thousand crores is spent on healthy diet of women. Three hundred crore for trafficking and rehabilitation & 961 crores on women empowerment. While detailing about the budget he also added that how values are important to inculcate the culture of joint family.

Hon Principal Dr Leena Pandhare in her chairman speech told the students to be self empowered and how education supports it. She also gave warm wishes of Women's Day to the students.


The introduction of the programme was given by Dr. Deepa Holkar, introduction of guest by Dr Sameer Limbare, compering by Dr. Jeevan Solunke and vote of thanks by Dr. Gorakhnath Wakle.

The programme was supported by teaching and non teaching staff.

  
**Dr. Sameer Limbare**  
Program Officer NSS

  
**Dr. Leena Pandhare**  
PRINCIPAL  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road Nashik Road -422 101

  
**IQAC Coordinator**  
NSPM's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya,  
Nashik Road-422 101

  
PRINCIPAL  
N.S.P.M's Late Bindu Ramrao Deshmukh  
Arts & Commerce Mahila Mahavidyalaya  
Jail Road, Nashik Road-422101